

VOLUME LXV, NUMBER 4 - SUMMER 2015

the TESA CONNECTION

THE OFFICIAL PUBLICATION OF THE TEXAS EDUCATIONAL SUPPORT STAFF ASSOCIATION, INC.



President's Message



Debbie McFadden
TESA President

The year has gone by so fast, it feels like it was yesterday that I stood before the members at the 2014 Summer Work Conference and was installed as TESA President. I remember thinking we had so much time for the board members and I to accomplish our dreams for the 2014-2015 year, but where did that time go? I heard from past presidents that the year would go fast, but fast isn't the word for it!

Each board member and their committee members set goals and, after reflecting on the year, I believe we accomplished the majority of all the goals set. We met challenges along the way (new database and website) but being the professionals we are, we were able to achieve the desired results.

I'd like to thank my board and committee members for all the hard work they put in this year and a special thank you to you, the members. Your dedication to TESA is what keeps the organization strong.

There are few people in the background who deserves to be noticed and thanked too. Ben Albers designed the TESA Connection four times this year and Bob Manlo designed and supported the TESA website. Our past presidents are always available when called upon for advice and Melissa Davis, TESA Executive Administrative Assistant, who keeps the TESA office running.

It has truly been my honor and pleasure to be your president this year. I encourage each of you to "Dream, Challenge and Achieve" your personal and professional development goals. Read a good book along the way and remember to share the book with someone else and not let it sit on a shelf to gather dust.

Remember -- life is a blessing! Take time to sit back and enjoy the time you have with family and friends.

Thank you for a great year!
Debbie

Footprints in the Sand

by: Mary Stevenson

One night I dreamed a dream.
As I was walking along the beach with my Lord.
Across the dark sky flashed scenes from my life.
For each scene, I noticed two sets of footprints in the sand,
One belonging to me and one to my Lord.
After the last scene of my life flashed before me,
I looked back at the footprints in the sand.
I noticed that at many times along the path of my life,
especially at the very lowest and saddest times,
there was only one set of footprints.
This really troubled me, so I asked the Lord about it.
"Lord, you said once I decided to follow you,

You'd walk with me all the way.
But I noticed that during the saddest and most troublesome
times of my life,
there was only one set of footprints.
I don't understand why, when I needed You the most, You
would leave me."
He whispered, "My precious child, I love you and will never
leave you
Never, ever, during your trials and testings.
When you saw only one set of footprints,
It was then that I carried you."



Letter from the Editor & Table of Contents

From the Editor

Where has the year gone? It seems like yesterday we were putting together the Fall 2014 issue of The TESA Connection – and now we are working on our final issue! First and foremost, I would like to thank my great team, Ruth Lyday, Assistant Editor and Wanda Honeycutt, Advertising Manager for their hard work, dedication and support throughout the year. Without their assistance my job would have been very difficult. I would be remiss in not recognizing our fabulous Graphic Designer, Ben Albers. His expertise in graphic design made our magazine that more “eye catching” and award winning, receiving 1st place in the Rachel Maynard Award for Excellence in Communication (Magazine) Competition at the NAEOP Conference.

As I think of what to write, I reflect on thoughts that went through my mind when I was elected to the position of 1st Vice President and Editor of the TESA Connection. I am grateful that you, the TESA members, had the confidence and faith in me to serve as the Editor of The TESA Connection. Being the Editor has been an experience

that I initially feared, but definitely won’t forget. I have truly enjoyed serving as magazine editor – and treasure the memories, experiences and friendships gained by working on the magazine. It has all been so worthwhile and will always be close to my heart. We hope and pray that everyone enjoyed reading the magazine as much as we enjoyed putting it together. One of our goals was to add material of interest for our members. We feel that we accomplished that by adding Polly’s Corner (technology tips), Food Facts, Health/Fitness information and office exercises. A special thanks goes out to Debbie McFadden, TESA President and Dianne Lemons, TESA President Elect for having the confidence in us and allowing us to broaden our magazine with these “special” sections.

As I finalize this message, I have to admit that it is a bittersweet; the long nights and weekends spent working on the magazine, the emails to affiliates and board requesting information, etc. were definitely worthwhile but exhausting. “Thank you” to the TESA Board, TESA members, af-

filiates, etc. for their support whether through contribution of material for the magazine, or the positive words of encouragement, appreciation and support. I hope you continue to share with the TESA members different things you and your association are doing in your school and community.

It has been an honor to serve as the editor of The TESA Connection. I can’t believe that this awesome journey has come to an end. I have been truly blessed with such great support from our TESA members who have been a blessing in my life. I look forward to working with each and every one of you as I begin a new journey as President Elect for TESA on August 1st. Let’s all continue to work together for the betterment of TESA.

Lisa

Lisa E. Gonzalez
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Dream, Challenge, and Achieve - Life's Little Lessons

by Dr. Marla M. Guerra, Superintendent, South Texas ISD



Dr. Marla M. Guerra
Superintendent, South Texas ISD

When I was asked to write an article for the TESA Connection, my first inclination was to say, “thanks but no thanks” because I could not possibly have anything to offer that would help anyone. However, as I further pondered the offer and thought

about the theme, I began to reflect on my own life and decided that I would write the article in hopes that my life experiences can in some way inspire readers of the magazine to go beyond the boundaries of their current thinking, to dream, challenge themselves and achieve. Come to think of it, I have always been a dreamer, curious about life and have challenged myself to do beyond the status quo and stretch my thinking. It is how I have made my way through life. My hope is that if I share what I have learned in living this way, it will positively impact TESA Connection readers and those whose lives they touch.

My parents were my first role models. Like all parents, they wanted the best for me and instilled the values, morals and beliefs that have made me the person that I am today. My dad had an eighth grade education, my mom was a high school graduate and although they wanted to continue their schooling, they were unable to do so because they had to help their families. They were both intelligent and in spite of the fact that they did not go to college, they did well for themselves. My dad was County Clerk for 41 years and ran a successful insurance business. My mom was office manager for one of the USDA programs. Education was a huge priority in our family and my parents did not give the three of us a choice as to whether or not we wanted to go to college. It was expected. I can remember my parents telling me that I needed to get a degree because I needed to be independent and be able to take care of myself without help from anyone. The message was loud and clear, I had to prepare myself for life and a college education was the way to do it.

My parents also instilled in me that I could do anything I wanted to in life regardless of my gender or ethnicity. They wanted me to go beyond the typical stereotypes about men and women and challenge myself to be the best person I could be. My mother inspired me because she did not fit into the typical female stereotype. She was an independent woman way ahead of her time. In the late fifties she already had her own checking account and was buying stocks that she eventually used to send us to college.

So I learned how to be prim and proper but I also learned how to change a tire, how to hunt and fish, and how to run a successful political campaign. This type of thinking has helped me tremendously as I made my career choices especially when I decided to apply for my current position (the majority of superintendent's in Texas and the nation are male).

Growing up in a small South Texas town did not offer many things for kids to do during the summer so I began visiting the library as often as I could. Reading became a way I could learn about things and I read voraciously. It helped me develop a solid vocabulary and expressive skills that have enabled me to express myself and do public speaking. Reading really does open doors for one to dream, challenge and achieve.

Leaving my hometown of Falfurrias for college was one of the ways I challenged myself to do something outside my comfort zone. My first year at Texas Women's University in Denton was a difficult experience for me because I was 500 miles from home and the culture was very different from my own. I was so homesick my first semester I almost packed up and went home at least six times. My parents would not let me and I am glad they didn't. I adjusted, refocusing my time and energy towards my studies and graduated in three and a half years.

After I graduated, I worked for two and a half years as a social worker with Child Protective Services and decided to go back to school to get my teaching credentials. By this time I was married, had a child and was helping support my husband through college. It was challenging because I was also going to school at the same time. We

struggled but both of us assumed responsibility for the care of our child and our home and we got through the next four years. There were times when my husband and I had class on the same nights so I would take our daughter with me to class. I am so thankful that she loved reading because that is how she spent her time while she sat with me in my college classes.

Both my husband and I entered the teaching field and decided that we wanted to continue our education and obtain Master's degrees. Again, we both went to school at the same time and managed to juggle our family time and responsibilities and our work. I stayed out for a semester to have our second child but went back soon after our son was born and obtained my Master's degree and principal certification.

The years flew by and I went from teaching to working at the regional service center. I challenged myself to move out of my comfort zone once more to work with school districts across the Rio Grande Valley as a migrant consultant and learned so much from this experience. After three years I returned as an assistant principal at the very school where I had taught. Two years later I became an elementary school principal.

When my daughter entered high school, I began working on my doctorate through a special program offered in the Valley by the University of Houston. I'll never forget that the professor for my first doctoral class warned us that half of the class would get divorced at some time during our doctoral work. And then she said that another half of the class would not complete the doctorate. Although his words scared me, they motivated me to work harder at being a good student, wife and mother. I only took one class per semester so that I could continue to fulfill my family and work responsibilities. It took me five and a half years to complete my doctorate. There were times I wanted to quit but my husband and children rallied me on. I gained valuable perspectives about education and educators through my coursework and interactions with fellow students and professors from throughout the country and it challenged me to give it my all. I beat the odds my professor had laid out during my first class and finished my doctorate and stayed married as well. Yay!

I had a once in a lifetime experience as a part of my doctoral work and that was being my daughter's roommate for a summer in Houston. I had to complete residency as part of the U of H Doctoral Program and my daughter was attending Rice University so I moved in with her for the summer. Not only did I gain course credit but the mother-daughter experience was incredible. We were able to relate and interact on a completely different level from when she was living at home.

My career path continued and I moved from principal to Administrator for Elementary Education and then to Executive Assistant to the Superintendent. I also began teaching graduate level courses for UTPA at night and during the summer. I really enjoyed teaching so when the University offered me a full-time position, I accepted.

My intentions were to finish out my career at the University but two years later, South Texas ISD posted a position for Superintendent of Schools. I remember looking at the newspaper ad and wondering if I should apply. I questioned my ability to do the job and convinced myself that I should remain at the University. I casually mentioned it to my family and they encouraged me to apply. Actually, it was a conversation I had with my son-in-law that made me change my mind. He reminded me that I had always pushed my two children and their friends to always "go for the gold" and that I should do the same. He told me that I had all the knowledge and experience it took to be a good superintendent and that there was nothing standing in my way, except for myself.

This coming October, I will have completed my fourteenth year as Superintendent of South Texas ISD. It has been a wonderful and enriching experience not only because I have beat the odds of remaining in the position for over the three year average but because I have learned so much from the people around me. It is life's little lessons comprised of all the experiences I have had with the people who have touched my life and whose lives I have touched that have helped me become the person I am today.

Education is a people profession and every single job I have held has entailed working with people. I have learned that everyone in the education field has a special role in creating the best environment possible for students, whether it is a bus driver, secretary principal, student or parent so listening and learning from them is of utmost importance.

Life's Little Lessons:

1. Treat others as you want to be treated. My dad was a master at this. Whatever the event or situation, he made certain he greeted everyone in the room. He was a good listener and easily developed rapport with people. As a politician, he would campaign in all the neighborhoods in our town, affluent and humble and I was right by his side. I learned so much about how to relate to people, how to really care about people and it has served me well.

2. Find your passion, do something you love to do and work hard at it. When I went from being a social worker to a teacher, it was because I learned that I wanted to make a difference with children beyond what I could do as a social worker. Teaching has been my passion for the last 40 years and I can sincerely say that I am glad I made the move because it is that passion that has given me the satisfaction and fulfillment I needed to carry on my work.

3. Failure is part of life so accept it. There is no one that I know that hasn't experienced failure of some kind. I know I have. My failures have enabled me to analyze and reflect and use what has happened to me to grow and to learn. It's what we do with our failures that either make us cynical or optimistic and I have always chosen the latter.

4. How you think is everything. There is so much negativity in this world and it is constantly being promoted by the media. I have learned that I am a better and more productive person when I am around people that are positive in how they think and view the world. Negativity breeds negativity so we really have to think about that when we choose our friends and the people with whom we associate.

5. You haven't learned how to live until you've learned to give. I learned this from my parents who were big believers in giving back to the community through service. I have been able to serve my community through my participation on various nonprofit and local boards, organizations and through my church. I have worked diligently to stress the importance of a service philosophy in the district particularly because we are a district of choice and it has made a positive impact.

6. Life is wonderful if you don't weaken was my dad's favorite saying. When I asked him what this meant, he would look at me and smile. I

finally figured out that he meant in order to live a good life, we have to be persistent, work hard, be flexible and persevere. It's easy to give up after one try but we have to challenge ourselves to keep on trying at the things we really want to achieve. Success is always sweeter when you have had to work hard for it.

7. Never stop learning. After I got my doctorate I swore I would never read another textbook but quickly changed my mind. I learned that I needed to continue learning because education changes so rapidly and I needed to keep up to continue being a good leader. I also resumed reading for self-growth and enjoyment and continue to this day. This enables me to keep up with the changing world. Believe it or not, it also helps me in dialoging with my grandchildren. They think I'm cool when I can use their jargon and especially cool when we can talk about the latest apps.

8. Be clear on what matters most and what matters most is your family. Being the best professional you can, a good wife, husband, father, mother or grandparent is definitely challenging but what has worked for me is finding a balance between work and home. It's difficult sometimes, knowing I have to choose between a meeting or my grandchildren's soccer game but ultimately my family is always at the forefront.

9. Take care of yourself. I have learned that in order to be the best I can be, I have to spend some time on me. I try to walk regularly, eat well and get enough sleep. Reading, going to the movies and getting out into nature also help re-vitalize me and keep me going. Continuing to grow spiritually and strengthen my relationship with the Lord is also part of this little lesson.. Stress does terrible things to the mind and body so taking care of oneself is a must even if it is for a short time every day.

Hopefully, sharing my life's experiences and little life lessons will enable TESA Connection readers to reflect upon your own lives and see some similarities and perhaps trigger some thought as to "what if." My life has not been perfect and I have had to work very hard to get to where I am both personally and professionally. The good news is that anything is possible in life if you dream and challenge yourself to be the person you want to be. Success and achievement will follow, that's for sure.



TESA 2014 SWC Business Meeting Minutes



Texas Educational Support Staff Association, Inc.

Texas Educational Support Staff Association, Inc.

Minutes for the Summer Work Conference General Business Meeting

Omni Southpark – Austin, TX

June 20, 2014

- Call to Order: The meeting of the Texas Educational Support Staff Association, Inc. Summer Work Conference Business Meeting was called to order by President Patti Walling at 10:14 a.m. on Friday, June 20, 2014 at the Omni Southpark in Austin, TX.
- Parliamentarian: Sue Hand proclaimed that a quorum was established.
- Minutes: The Minutes of the Summer Work Conference Business Meeting held on June 21, 2013, were approved as presented.
- Correspondence: None.
- Treasurer's Report: The treasurer's report was presented and was filed for audit.
- Reports: Dianne Lemons - Treasurer's Report

President – Patti Walling
Second Vice President – Lisa Gonzalez
Secretary/Treasurer – Dianne Lemons
Awards/Scholarship/Journalist – Teena Hancock
Summer Work Conference – Darcy Blackstock
- Old Business: None.
- New Business:
- Motion One: Motion from the TESA Executive Board, no second required, move that Article IV, Section 1, paragraph 5 are changed to the following: No more than two members of the Executive Board shall be from the same educational institution, except the President and President-Elect cannot be from the same educational institution. Motion carried.
- Motion Two: Motion from the TESA Executive Board, no second required, moved that the TESA Executive board members be changed to: President, President-Elect, Vice President (Magazine Editor), Secretary/Treasurer, Member at Large (Membership/Affiliate Services), Member at Large Nominations/Awards / Scholarship/ Journalist), Member at Large (Area Workshop/Legislative



TESA 2014 SWC Business Meeting Minutes



Texas Educational Support Staff Association, Inc.

Consultant) effective for the creation of the 2015-2016 slate of officers and Bylaws: Article III, Executive Board and Article IV, Officers, Organizational chart, Guidelines, etc. be updated to reflect the new elected executive board members. No changes or reductions to the appointed standing committees. Motion carried.

Motion Three: Motion from the TESA Executive Board, no second required, move that Article VIII, Sections 1 and 2 of the TESA bylaws be changed as follows: Section 1, Standing Committees, add Advisory Committee to the first sentence. Adding the following after the fourth sentence, "The President shall appoint two Past Presidents to the Advisory Committee." Section 2, Duties Committees, add the following paragraph, "The Advisory Committee shall consist of four (4) members. All members shall be active or retired TESA Past Presidents. An appointed member shall serve two (2) consecutive years with two (2) members being replaced each year. This committee shall serve in an advisory capacity, reviewing all business and personnel related matters to maintain continuity. No monetary compensation being given for work on this committee. Motion carried.

Motion Four: Motion made by Jana Worthington and seconded by Sandra Curry move that the new guidelines for the Nominations and Elections be effective for the 2015-16 year ballot. Motion carried.

Motion Five: Motion made by Debbie McFadden and seconded by Darcy Blackstock move that the proposed 2014-2015 budget be approved as presented. Motion carried.

Announcements: TESA office will be closed on July 4, 2014.
NAEOP Conference is July 14-18, 2014 in Portland, OR.

President Patti Walling adjourned the General Business meeting at 11:10 a.m.

Submitted by:

Dianne Lemons

Dianne Lemons, CEOP, CEOE
TESA Secretary/Treasurer 2013-2014

Approved by:

Patti Walling

Patti Walling, CEOP, CEOE
TESA President 2013-2014

Date Approved: June 19, 2015



TESA Spring Board Meeting Minutes



Texas Educational Support Staff Association, Inc.

Texas Educational Support Staff Association, Inc.

Minutes for the Executive Board Meeting

Doubletree in Richardson, Texas March 20, 2015

Call to Order: The meeting of the Texas Educational Support Staff Association, Inc. Executive Board was called to order by President-Debbie McFadden at 8:01 p.m. on Friday, March 20, 2015 at the Doubletree Hotel in Richardson, Texas.

Parliamentarian: Gerald Wharton proclaimed that a quorum was established.

Roll Call: Executive Board

Debbie McFadden	312
Dianne Lemons	312
Lisa E Gonzalez	321
Marie Enax	319
Robin Pool	321
Bonnie Tomczyk	319
Gerald Wharton	303
Patti Walling	322
Paula Lambright	318
Deana Ross	1214
Sherry Gray	322

Absent: Teena Hancock, Sandra Curry, Kay Riggs, Melissa Davis

Minutes: The minutes from the Executive Board Meeting June 25th held at the 2014 Summer Work Conference were approved as presented.

Correspondence: None

Treasurer's Report: The Treasurer's Report from February 28, 2015 was approved as presented.



TESA Spring Board Meeting Minutes



Texas Educational Support Staff Association, Inc.

- Reports:
- President – Deborah McFadden
 - President Elect – Dianne Lemons
 - First Vice President – Lisa Gonzalez
 - Second Vice President – Marie Enax
 - Secretary/Treasurer – Robin Pool
 - Affiliate Service – Sherry Gray
 - Area Workshops – Bonnie Tomczyk
 - Awards/Scholarships/Journalist – Deana Ross
 - Nominations – Teena Hancock
 - Past President/Marketing Chairman – Patti Walling
 - Parliamentarian – Gerald Wharton
 - Legislative Consultant – Gerald Wharton
 - STEM – Sandra Curry
 - Web Advisor – Paula Lambright
 - Summer Work Conference – Kay Riggs
 - TESA Central Office – Melissa Davis
- Old Business: There were 7 email motions that were all approved. They are as follows:
- Email Motion #1 8/21/2014 – TESA Connection Committee moved that the due dates for the TESA Connection be changed to the following: Fall Issue – Items Due: September 10, Date mailed: October 30; Winter Issue – Items Due: November 20, Date posted: January 15; Spring Issue – Items Due: January 30, Date Posted: March 24; Summer Issue – Items Due: May 30, Items Posted: July 29. Motion carried.
- Email Motion #2 8/22/2014 – Motion by Dianne Lemons, seconded by Lisa Gonzalez, I move the 2016 Summer Work Conference contract with Omni South Park Hotel in Austin, Texas be approved as presented and that the TESA president is authorized to sign the contract. Motion carried.
- Email Motion #3 9/12/2014 – Motion by Paula Lambright, seconded by Lisa Gonzalez, I move that Bob Mantlo be authorized to rebuild and maintain the web based membership data base, not to exceed \$1300, and pay a fee of \$5 per month for Amazon storage. Additionally approve transferring \$1360 from Board Travel to Website Maintenance to cover these expenses. Motion carried.
- Email Motion #4 9/23/2014 TESA Summer Workshop Committee, no second required, I move that the proposed 2015 Summer Work Conference budget be approved as presented. Motion carried.



TESA Spring Board Meeting Minutes



Texas Educational Support Staff Association, Inc.

Email Motion #5 10/23/2014 – Motion by Lisa Gonzalez, seconded by Dianne Lemons, I move that the TESA President be authorized to sign the new lease agreement with Zuniga Investment Partners, LTD for the TESA office rental space from January 1, 2015 to December 31, 2016. Motion carried.

Email Motion #6 1/14/2014 – Motion from SWC Committee, no second required, I move that the contract with Tunes Across Texas, LLC be approved by the TESA Board as presented for Services at the 2015 SWC banquet and authorize the President to sign contract. Motion carried.

Email Motion #7 2/11/2015 – Motion from STEM committee, no second required, I move that the Texas Educational Support Staff Association President be authorized to sign the San Jacinto College Letter of Agreement to provide STEM Training on March 6, 2015. Rationale: San Jacinto College Purchasing Department requires all service providers to sign and comply with their Letter of Agreement. They are no longer allowed to use the TESA STEM agreement. The San Jacinto College agreement is similar to those used by most school districts, colleges, and universities. Motion carried.

Unfinished Business:

Motion One: Motion made by Ad Hoc Committee, no second needed. Article II, Section 4, paragraph 2 of the By-Laws be changed to read: All educational support personnel working in a public, private, charter schools; Educational Service Centers or higher education (colleges or universities) in the State of Texas shall be eligible for active membership. Motion carried.

New Business:

Motion Two: Motion made by Marie Enax, seconded by Lisa Gonzalez, I move that a change be made to the Bylaw Article VI, Dues to state The annual dues for active and associate members shall be \$40.00. Motion carried.

Motion Three: Motion made by Awards/Scholarships/Journalist Committee, no second needed, I move that Christina Borquez be awarded \$400 for the Founders Scholarship. Motion carried.



TESA Spring Board Meeting Minutes



Texas Educational Support Staff Association, Inc.

Announcements:

Voting Results: President Elect: Lisa Gonzalez
 Vice-President: Teena Hancock
 Secretary/Treasurer: Bonnie Tomczyk
 Member At-Large Position 1: Melissa Rodriguez
 Member-At-Large Position 2: Marie Enax
 Member-At-Large Position 3: Donna Cubstead

Please order the cookbooks. The name of the cookbook will be “The Cooking Connection”.

Summer Work Conference registration-plans are for it to be up and running by mid-next week.

Board reports (Executive report and General membership report) are due by May 25th – use the format and letterhead that will be supplied to you.

President-Elect Debbie McFadden adjourned the Executive Board Meeting at 9:07 p.m.

Submitted by:

Robin Pool

Robin Pool, CEOP, CEOE
TESA Secretary/Treasurer

Approved by:

Debbie McFadden

Debbie McFadden, CEOP, CEOE
TESA President 2014-2015

Date Approved: June 15, 2015



Melissa Davis - Graduation

Congratulations Melissa! We are so proud of you!



TESA wishes to congratulate Melissa Davis, TESA Executive Administrative Assistant, who recently graduated with a Bachelor of Fine Arts Degree in Photography from Texas State University. Melissa's quest for a degree was a three-year odyssey accomplished while parenting two teenage daughters – driving 100-plus miles to and from San Marcos to attend classes; working part time at the TESA Central Office; and managing her home. She even made the Dean's List in two semesters!

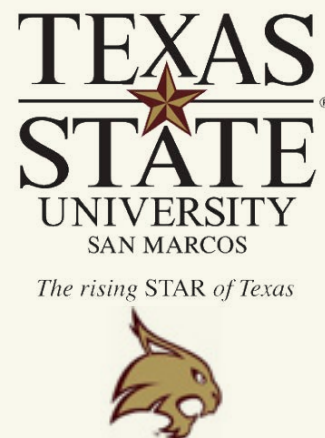
Much to her credit, Melissa persevered through hard work and many obstacles. She set a great example for her daughters and all of us by realizing the importance of setting a goal and doing whatever necessary to reach that goal. Future plans are still forming but, for the foreseeable future, Melissa plans to stay on her job helping TESA and its members reach their goals.



Melissa with her children, Bella on the left and Ireland on the right



Melissa with her parents Raymond and Peggy Hudson



TESA Past Presidents and Board members join together to celebrate Melissa's graduation!

Melissa Davis - Graduation



Melissa's parents and her aunt and uncle at her "Thesis Exhibit"

Melissa's daughters, Bella and Ireland at her "Thesis Exhibit"

Melissa Hudson Davis

Roots and Wings

This collection of photographs paints a biographical portrait of my family and the land that has been with us for decades. I am particularly fascinated by moments of serendipity that question what I perceive as reality. In this work, I'm exploring the emotional and narrative ambiguities of family. These photographs represent individual personalities and dynamics shared between my family, the camera, and myself. I'm sensitive to being seen by the camera and this effects how I photograph. Depicting my family makes me reflect upon the dynamics of observation and challenges me to be an insider and outsider at the same time. Photographers such as William Eggleston and Alec Soth have been inspirations in my work. I enjoy the complex nature of their photographic subjects and equally enjoy taking photographs of what is before me in the world.

The picture of the text is my "Artist Statement." This explains my body of work. I got the name from this embroidery that my mom did of the old famous quote there are only two lasting bequests we can hope to give our children. One of these is roots, the other, wings.



Volunteer

2016 - 2017

TESA Needs You!!!

Volunteer for TESA's exciting

2016 - 2017 year by:

- Serving as a committee member
- Serving as a appointed committee chair
- Serving as an elected officer
- Don't want to be a board member but still want to be involved with TESA? Then share your talents by completing the Assisting TESA Form



See qualifications on the next page

Visit www.tesatexas.org and complete the Volunteer Form
or the Assisting TESA Form

Any questions visit with one of the committee members listed below

Nominations Committee Members

Marie Enax, Member At Large Nominations Chair, enax@lcisd.org

Lisa Gonzalez, President Elect, lgonzalez@donnaisd.net

Pat Crawford, Past President, pat.crawford@risd.org

MaryAnn Hollingsworth, Past President, mh70@txstate.edu

Officer, Committee Chairman, and Committee Member Qualification Requirements

President-Elect Qualifications

All officers shall be active members in good standing.

- a) three (3) years membership in the Association;
- b) two (2) years of service as an elected member of the Executive Board of the Association. (Only one year as an elected member-at-large will qualify as one of the two (2) years of service);
- c) hold the CEOP certification and
- d) membership in the National Association of Educational Office Professionals.

The chairman and committee members of STEM or Summer Work Conference may be allowed to count that service as one year of election to the Executive Board as a member-at-large. This is a one-year credit regardless of the times served on these committees. [A working knowledge regarding: STEM, the *TESA Connection*, Summer Work Conference, etc.]

Vice-President Qualifications

All officers shall be active members in good standing.

- e) two (2) years membership in the Association;
- f) one (1) year of service on the Executive Board of the Association;
- g) hold the CEOP certification and
- h) membership in the National Association of Educational Office Professionals.

The chairman and committee members of STEM or Summer Work Conference may be allowed to count that service as one year of election to the Executive Board as a member-at-large. This is a one-year credit regardless of the times served on these committees.

Secretary/Treasurer Qualifications

All officers shall be active members in good standing.

- i) one (1) year of membership in the Association;
- j) hold the CEOP certification and
- k) membership in the National Association of Educational Office Professionals.

The chairman and committee members of STEM or Summer Work Conference may be allowed to count that service as one year of election to the Executive Board as a member-at-large. This is a one-year credit regardless of the times served on these committees.

Other Elected Officer Qualifications

All officers shall be active members in good standing.

- l) one (1) year of membership in the Association;
- m) hold the CEOP certification or be currently pursuing (within the last 12 months) the CEOP certification and
- n) membership in the National Association of Educational Office Professionals.

The chairman and committee members of STEM or Summer Work Conference may be allowed to count that service as one year of election to the Executive Board as a member-at-large. This is a one-year credit regardless of the times served on these committees.

Committee Chairman

All committee chairmen shall be active members in good standing and should have previously served as a committee member.

Committee Member

All committee members shall be active members in good standing. No experience necessary.

Summer Work Conference



A special thank you to all the membership for your participation and attendance to the 2015 TESA Summer Work Conference. It is because of your loyalty and dedication to your professional and personal growth that this conference was an absolute success!

Our committee would like to send special thanks to the following fabulous friends, fantastic folks, and phenomenal family who without them our conference would not have been possible.

Entire staff of the Omni Austin Southpark
Pasadena ISD
Donna ISD
Lamar CISD
Mesquite ISD
UHCL
Melissa Davis
Kathleen Larson
Gateway Printing
Office Max/Office Depot
Gulf Coast Educators Federal Credit Union
All-American Roofs
TESA Board, committee members, past presidents, and retirees
SWC Advisory Board members and Supervisors
Extended session presenters
STEM consultants
Those who donated their time, goodie bag items, door prizes, and supplies
Awesome Vendors
And our families

To our president, Debbie McFadden, we would like to credit you for inspiring us to have the dreams and ideas for putting on this conference, challenging us to dig deeper and encouraging us to achieve this successful conference. The four of us are honored that you believed enough in us to choose us for this mission.

Our committee hopes are that each of our TESA members have obtained some useful nuggets of information while at the conference that will cause you to Dream, Challenge, and Achieve those reachable goals!

2015 Summer Work Conference Committee

Kay Riggs
Pasadena ISD
Conference Chairman

Ofelia Barron
Donna ISD
Registration Chairman

Barbara Johnson
Lamar CISD
Social Chairman

Yvonne Smeltzer
Mesquite ISD
Exhibits Chairman



Summer Work Conference

SWC Committee



SWC Committee: Barbara Johnson, SWC Social Chairman; Kay Riggs, SWC Chairman; Debbie McFadden, TESA President; Ofelia Barron, SWC Registration Chairman; Yvonne Smeltzer, SWC Exhibits Chairman



SWC Committee: Barbara Johnson, SWC Social Chairman; Yvonne Smeltzer, SWC Exhibits Chairman; Ofelia Barron, SWC Registration Chairman; Kay Riggs, SWC Chairman;

Bag Preparations

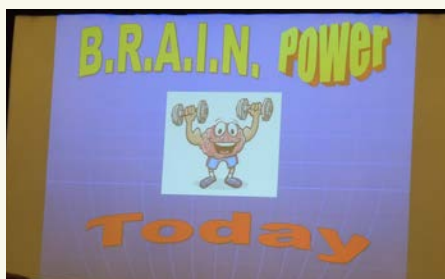


Registration Table



Summer Work Conference

Opening Sessions



Breakout Sessions



Summer Work Conference

Breakout Sessions



Miscellaneous



Summer Work Conference

Board Meeting



Dianne's Reception



Summer Work Conference

President's Luncheon



Installation Banquet



Summer Work Conference

Winners



Marie Enax, 2nd Vice-President (Membership Chairman) with Elizabeth Montoya, Mercedes ISD winner of the drawing for a free TESA membership for 2015-2016.



President Debbie McFadden with Dr. Marla M. Guerra, Superintendent for South Texas ISD – Administrator of the year 2015.



Deana Ross, Awards/Scholarships/Journalist Chairman with Gabriela Borquez from Harlingen CISD. Gabriela accepted the Founders Scholarship on behalf of her daughter Christina Borquez.



Deana Ross, Awards/Scholarships/Journalist Chairman with Sue Hand, Lamar CISD – 2015 Nelda Van Dyke recipient and President McFadden.



SWC 2015 Spirit Award Winners:
San Jacinto College AEOP



Yearbook Winners - Left to right: 2nd Place - Jana Worthington, Weatherford ESA; 1st Place - Pat Crawford, Richardson ESSA; 3rd Place - Ofelia Barron, Rio Grande Valley ESA



Marie Enax, 2nd Vice-President (Membership Chairman) with Paula Lambright, Mesquite ISD winner of the drawing for a 2 night stay at the Omni Hotel.



Newsletter Winners - Left to right: 3rd Place - Jana Worthington, Weatherford ESA; 1st Place - Sherry Gray, San Jacinto College AEOP; 3rd Place - Pat Crawford, Richardson ESSA



Deana Ross, Awards/Scholarships/Journalist Chairman pictured with Margie Lara, Ector County ISD. Margie was the 50/50 Winner at the President's Luncheon.

Summer Work Conference

Winners



Mary Flores, Killeen ISD, pictured with Dorinda Bustamante, Comal ISD. Dorinda was the 50/50 Winner at the Banquet.

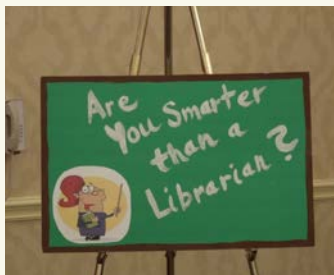


Deana Ross, Awards/Scholarships/Journalist Chairman pictured with Cynthia Obregon, Killeen ISD. Cynthia was the 50/50 Winner at the Closing Session.



President Mcfadden presenting Peggy Hudson with a free copy of The Cooking Connection Cookbook. Peggy submitted the winning name for the cookbook.

Closing Session



The TESA Connection Deadlines

The TESA Connection Deadlines

ISSUES:	FALL	WINTER	SPRING	SUMMER
Deadline:	September 10	November 20	January 30	May 30
Distribute:	October 30	January 15	March 24	July 29

Purpose Statement

We the members of the Texas Educational Support Staff Association, Inc., hold that the primary purpose of the educational support staff association is to assist, as a team member, in developing citizens who will safeguard, strengthen, and improve America. The TESA Connection is published four times a year – fall, winter, spring and summer. Membership in TESA entitles the individual to an annual subscription to the TESA Connection magazine, circulation approximately 1,200. Subscription rates for libraries and nonmembers is \$10 per year. Send requests for subscriptions to: TESA Central Office, 1460 E. Whitestone Blvd., Suite 175, Cedar Park, TX 78613.

Please send information for the Fall Edition to:

Teena Hancock, CEOP
Highland Park ISD
hancoct@hpsid.org
Phone: (214) 780-3049



Stretching Exercises at Your Desk: 12 Simple Tips

By Susan Seliger, Reviewed by Brunilda Nazario, MD on May 27, 2009

You may feel awkward doing stretching exercises at your desk. But right now, as you sit there at your computer, you are doing one of the worst things you can do to your body -- you're sitting still. And not only may that, but the way you sit -- and type, and hold the phone -- be wreaking havoc on your bones, joints, and muscles.

"People who sit at their computers for hours every day -- they're in for serious medical problems," says Sharon Hame, MD, associate clinical professor at UCLA's department of orthopaedic surgery. "We're seeing more things than carpal tunnel; those pains go up the arm to the elbow and shoulder and then translate to the neck and back. It's a huge problem."

In addition to carpal tunnel and other traditional ergonomic issues, new problems are cropping up, Hame says. "I saw a woman yesterday who had tennis elbow. She got it at work from the way she answered the phone and worked at the computer." The solution, experts say, is to break up your work by doing stretching exercises at your desk.

Relieve Back Pain With Stretching Exercises at Your Desk

Aches and pains, not to mention the weight gain that can result from hunching over your desk all day, are just the beginning. "People shouldn't be complacent about moving just because they're not obese," says Angela Smith, MD, orthopaedic surgeon at Children's Hospital of Philadelphia and former president of the American College of Sports Medicine. "There are a lot

of skinny people who, because they don't exercise for strength and balance, are osteoporotic fractures waiting to happen."

So what can you do to ward off pain and stiffness and boost your energy and alertness? WebMD consulted orthopaedic surgeons and exercise specialists for 12 simple stretching exercises at your desk that will release tension from head to toe. They take only a few minutes. Set the alarm on your cell phone or computer to go off every hour to remind you it's time to get up and stretch.

The 12 Best Stretching Exercises at Your Desk

- Just stand up and sit down -- no hands
 - You might have gotten a gold star in preschool for sitting still, but it just goes to show you (best sellers notwithstanding) that not all of us learned everything we need to know in kindergarten. "If you stand up and sit down (over and over) -- without using your hands -- it can be a challenge," says Smith. "Do it while you're on the phone; no one will know."
- Substitute exercise for sitting -- while you work
 - Get rid of your desk chair and substitute an exercise ball, suggests Smith. "I used it for a while when I was having low-back problems; it was great," Smith says. "All day you are engaging all the muscles in the back, legs, butt, everything, to stay balanced."
 - Hame knows one man who put a treadmill in his office and conducted

all his business while walking. (He lost weight, too, Hame says.)

- Shrug your shoulders -- to release the neck and shoulders
 - Inhale deeply and shrug your shoulders, lifting them high up to your ears. Hold. Release and drop. Repeat three times.
 - Shake your head slowly, yes and no. You might as well amuse yourself while you do it to relax even further. Ask yourself silly questions: "Is your boss an idiot?" Move your head up and down, "Yes, yes, yes." Side to side: "No. No. No." (Shedding tension is as much mental as physical.)
- Loosen the hands with air circles
 - Clench both fists, stretching both hands out in front of you.
 - Make circles in the air, first in one direction, to the count of ten.
 - Then reverse the circles.
 - Shake out the hands.
- Point your fingers -- good for hands, wrist, and forearms
 - Stretch your left hand out in front of you, pointing fingers toward the floor. Use your right hand to increase the stretch, pushing your fingers down and toward the body. Be gentle.
 - Do the same with the other hand.
 - Now stretch your left hand out straight in front, wrist bent, with fingers pointing skyward. Use your right hand to increase the stretch, pulling the fingers back toward your body.
 - Do the same on the other side.
- Release the upper body with a torso twist



Office Exercises

- Inhale and as you exhale, turn to the right and grab the back of your chair with your right hand, and grab the arm of the chair with your left.
- With eyes level, use your grasp on the chair to help twist your torso around as far to the back of the room as possible. Hold the twist and let your eyes continue the stretch -- see how far around the room you can peer.
- Slowly come back to facing forward.
- Repeat on the other side.
- Do leg extensions -- work the abs and legs
 - Grab the seat of your chair to brace yourself and extend your legs straight out in front of you so they are parallel to the floor.
 - Flex and point your toes five times. Release.
 - Repeat.
- Stretch your back with a “big hug”
 - Hug your body, placing the right hand on your left shoulder and the left hand on your right shoulder.
 - Breathe in and out, releasing the area between your shoulder blades.
- Cross your arms -- for the shoulders and upper back
 - Extend one arm out straight in front of you. With the other hand, grab the elbow of the outstretched arm and pull it across your chest, stretching your shoulder and upper back muscles.
 - Hold. Release.
 - Stretch out the other arm in front of you -- repeat.
- Stretch your back and shoulders with a “leg hug”
 - Sit on the edge of your chair (if it has wheels, wedge the chair against the desk or wall to make sure it does not roll). Put your feet together, flat on the floor.
 - Lean over, chest to knees, letting your arms dangle loosely to the floor. Release your neck.
 - Now bring your hands behind your legs, right hand grasping left wrist, forearm (or elbow if you can reach that far), left hand grasping the right. Feel the stretch in your back, shoulders and neck. Hold.
- Release your hands to the floor again.
- Repeat three times or as often as it feels good.
- Look up to release upper body
 - Sit up tall in your chair, or stand up. Stretch your arms overhead and interlock your fingers.
 - Turn the palms to the ceiling as you lift your chin up, tilt your head back, and gaze up at the ceiling, too.
 - Inhale, exhale, release.
- Substitute walks for email -- and don't eat at your desk
 - Instead of emailing a colleague “and copying 25 people who don't want to be copied anyway,” Smith says, “walk over to the colleague you really want to talk to.”
 - Instead of a lunch meeting at your desk, walk together to a neighborhood sandwich shop. “Talk while you walk -- it's more efficient and productive,” Smith says. “You're getting more oxygen to the brain, you have no distractions, and you're more likely to remember what is said.”

WebMD Feature

Article Sources

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SOURCES:

<http://www.webmd.com/fitness-exercise/stretching-exercises-at-your-desk-12-simple-tips?page=1>

<http://www.webmd.com/fitness-exercise/stretching-exercises-at-your-desk-12-simple-tips?page=2>

Date retrieved from Website: June 30, 2015

“The most common way people give up their power is by thinking they don't have any.”

- Alice Walker



Health and Exercise

IT MAY BE YOUR “KEY TO THE FOUNTAIN OF YOUTH”

by Denise B. Cazes, M.A., LWMC



Denise B. Cazes
M.A., LWMC
Nutritionist/Dietitian
Houston, TX

The eternal fountain of youth – is it a myth or does it really exist? For thousands of years, man has searched for a magic elixir that guarantees longevity and stops the aging process. While an actual fountain of youth

has eluded us, some people today seem to age differently than they did 50 years ago.

Today 50 is the new 40 and 40 is the new 30! Have you seen recent photos of Madonna, Goldie Hawn, or Courtney Cox? Or, on the male side, consider Sean Connery, Chuck Norris, Eastwood and Stallone! These guys are “old” but they look great! Of course, most “Celebs” can devote their time to looking good...but one of the reasons some look younger than their numerical age is **because they exercise!**

Search the internet for other examples of non-celebs who stay young due to exercise, such as the 86 year old Olympic gymnast on the parallel bar – or the 76 year old who runs the Houston marathon at an eight-minute mile pace. Look up ernestineshepherd.net to see what a 76 year old fit body can look like! In the old days, being 50 meant you were a gray-haired grandma

who was “ready for the rocking chair.” Today, exercise is the key to staying young and healthy: **it’s the fountain of youth you should be looking for!**

Misconception that debilitation must occur

– Approximately 50 million Americans are age 50-74. Whether you are part of this group yet or not, there is a reality about getting older that we all need to know – to let go of the misconception that debilitation must occur with aging. You don’t have to fall apart as you get older if you exercise! Therefore, most of the decline that occurs as we age is simply the **result of lifestyle choices: poor diet and no exercise!** Therefore, **make better choices and slow the aging process!**

Effect of losing muscle mass and strength –

Adults lose an average of six pounds of muscle mass each decade after age 35 unless they do something to prevent it. **Sarcopenia** (meaning “poverty of flesh”) is the age-related loss of muscle mass. **Dynapenia** is the loss of strength, even when muscle mass is present. The loss is so gradual that most don’t realize it is occurring. Losing muscle and strength has a negative affect on your health and physical performance as well as on your looks.

Loss of muscle results in metabolic decline and contributes to **osteoporosis; high blood pressure; low back pain; insulin resistance** (which

leads to diabetes); **cardiovascular disease; cancer, and fatigue.** Muscle tissue produces myokines – proteins that participate in tissue synthesis and repair; maintain healthy bodily functions; facilitate the immune system, as well as cell signaling and expression. So losing muscle is not just about losing strength and functionality! Losing muscle means illness and disease. According to research in the International Journal of Obesity (2013) “Low muscle strength predicts mortality in all age groups and across all the Body Mass Index (BMI) categories.”

Your Key to the Fountain of Youth

Losing muscle also affects your metabolism. When your metabolism slows down due to loss of muscle mass, you store more body fat. When your body composition changes with less muscle and more fat – **health problems will start to show up.**

Combining exercise with proper diet – The good news is that Sarcopenia can be minimized with exercise and a proper diet that has **adequate amounts of protein.** Any weight-bearing exercise is helpful like walking, running, tennis, dancing; but resistance training is even more helpful in slowing down muscle loss. Those aforementioned celebs and athletes who look great and are doing feats of those half their age lift weights in addition to doing time on the treadmill. They probably eat a healthy diet



too. As a result, they're healthier and they look younger.

Current dietary guidelines for Americans

– The recommendation is that 12-15% of your total calories come from protein. This low intake is for sedentary people. Exercisers, especially over the age of 50 should have about 18-20% of their daily calories in the form of

protein...which equates to about 100 grams per day! Because we are living longer, we need to start exercising and eating healthier when we're younger in order to stay healthy as we age. It is not one's goal to live longer yet be sick or debilitated the last 20-plus years of life.

No matter what your age, **it is never too late to start taking care of your body.** To feel great

and look better – **check your diet, get moving and hit the weights!** You have One Body: One Choice.

Denise Cazes
denise@1body1choice.com



TESA Retirees Join TRESA Now!

Texas Retired Educational Secretaries Association Membership Form

2015 MEMBERSHIP DUES - \$5.00
(January 1, 2015 – December 31, 2015)

NAME: _____

ADDRESS: _____

CITY & STATE : _____ ZIP : _____

BIRTHDAY: Month _____ Day _____ PHONE: () _____ - _____

EMAIL: _____

- | | |
|---|--|
| <input type="checkbox"/> New Membership | <input type="checkbox"/> Membership Renewal |
| <input type="checkbox"/> Are you a member of TESA? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| <input type="checkbox"/> Are you a member of NAEOP? | <input type="checkbox"/> Yes <input type="checkbox"/> No |

Make checks payable to: **TRESA**
Return form with your dues to Treasurer –
LORAS JONES
23707 Hawkins Creek Ct. – Katy, TX 77494



A “Past President Goes Zumba!”

By Irma Ford, 2003-2004 TESA Past-President



Irma Ford
Past President 2003-2004

A story of a TESA member still encouraging students in class – but this time for their health! (Editors)

In November 2005, after 26 years in the school system and a year after serving as TESA President, I retired – and I am enjoying every

moment!

at a chair and does all the arm and leg movements. All my ladies and gentlemen are special and have many health stories to share on how coming to Zumba® has helped them. I chose two of them to highlight to you – who take my class two times every week– Angie Benavides (84 years young) and Irma Brown (77 years young) – each of them taking my class two times every week. (Pictured with me below.) Angie has suffered several health issues, from cancer to heart problems, but she stays very active and strong. She fell in her shower a few weeks ago and was scared that she had broken a hip, arm, leg, hand, or something. She couldn't believe that when she got up and checked herself, she was fine – only a little sore, but no broken bones. She told me that if she didn't keep active by walking every day and coming to Zumba®, she would be in a hospital with broken bones. You see, I incorporated a little toning with my classes. And in a couple of songs where we work on upper body, lower body, and core areas, we use weights, but none heavier than three pounds.

Irma Brown just started coming a couple of weeks ago. I worked with this lady 35 years ago but moved and did not see her again until recently when she came into my class on her doctor's recommendation. We were both very surprised and happy to see each other again after all these years. Irma also has health issues, and she shared with the class on her second visit about her diabetes. She has an implanted device that monitors her sugar levels. On her second

visit to our class her sugar level was 179 at the beginning of the class, after our one hour class it was 112!!! She was so excited and feeling very blessed. Exercise helps the body move sugar to where it's supposed to go – the cells – instead of lingering in the blood.

Keep moving!!! It does the body good!!

Always check with your doctor before starting any exercise program.



But let's roll the time up to 2011, as it took me until then to go to my first Zumba class – loved it and I am now an instructor – teaching Zumba® four times a week! I have always enjoyed dancing and now teaching Zumba to others is a passion! It is a great way to meet people, make new friends, and stay healthy. I have learned that as we age we need to keep active. Whether walking, swimming, or doing some other type of exercise, it gets your heart to pumping. And you are not only helping get your body in shape, but are doing a little toning and adding to bone density, which helps to prevent fractures or breaks.



I teach a Zumba® Gold – which is a low-impact class for anyone. My class consists of 55 and older. My student “youngest at heart” is 89; and she does great when she comes and sits

¹ United Healthcare® - Help control your diabetes with exercise.

“I can't change the direction of the wind, but I can adjust my sails to always reach my destination.”

- Jimmy Dean



 Texas Educational Support Staff Association, Inc. Membership Application 2015 - 2016 	
Name (Last/First/Middle):	Membership #:
Name of Institution (if seeking Institutional Membership):	
Current mailing address:	
City/State/Zip Code:	
Work Phone #:	Home Phone #: Cell Phone #:
Work e-mail address:	
Personal e-mail address:	
Employed by:	
Name of Local TESA Affiliate: (if applicable)	
<input type="checkbox"/> New Membership (\$40)	<input type="checkbox"/> Renewal (\$40)
<input type="checkbox"/> Retired (\$20)	<input type="checkbox"/> Institutional (\$150)
<input type="checkbox"/> Associate (\$40)	
<input type="checkbox"/> Higher Education	<input type="checkbox"/> Education Service Center
<input type="checkbox"/> Secondary	<input type="checkbox"/> Elementary
<input type="checkbox"/> Administrative	<input type="checkbox"/> Other (_____)
Referred by:	
Name change/Address Change Information:	
Are you a member of NAEOP? : <input type="checkbox"/> Yes <input type="checkbox"/> No	
<p align="center">Complete form and mail with your payment to: TESA, 1460 E. Whitestone Blvd., Suite 175, Cedar Park, TX 78613 Renew online at: www.tesatexas.org</p>	
<p>Dues paid to Texas Educational Support Staff Association, Inc. are not tax deductible as charitable contributions for federal income tax purposes. However, they may be tax deductible as an ordinary and necessary business expense. Consult your tax advisor.</p>	

REASONS for Joining TESA

Responsibility - It is your personal responsibility to see that our profession goes forward in education. Education is changing as our work is. We need to accept this responsibility of adapting to these changes.

Expectation - We can reach our expectations through our united efforts. Our goal to be recognized as professionals can best be reached through our Association.

Advancement - Our advancement in professional status can best be pushed through joint effort. Other associations have demonstrated the need to have a strong association. Only through your efforts can we have a strong Association.

Satisfaction - TESA creates wider horizons and broader views for all members. The personal satisfaction a member can find in working with such a group is beyond measure.

Opportunity - There is an opportunity for YOU, each and every one of YOU, to help TESA reach its goals. ONLY YOU have the opportunity to do this.

Need - TESA has a very definite need for you, for your help, and you have a definite need for TESA. Never let it be said that you as an educational secretary or office personnel, are allowed to cry and weep over your position and status if you do not put forth the effort to move forward.

20 Unbelievable Reasons To Start Your Day With Water and Lemon

<http://livingtraditionally.com/20-reasons-drink-lemon-water-mornings-1/> - Retrieved from Web on July 16, 2015

1. Water with lemon provides the body with electrolytes which hydrate your body. As lemons contain good amount of electrolytes such as potassium, calcium and magnesium.
2. Water with lemon is good for the joints, reducing pain in the joints and muscles.
3. Warm water with lemon helps digestion as lemon contains citric acid. It interacts with other enzymes and acids which easily stimulate the secretion of gastric juice and digestion.
4. The liver produces more enzymes from water with lemon than from any other food.
5. Water with lemon cleanses the liver. Lemon juice stimulates the liver to release toxins.
6. Water with Lemon helps fight infections of the respiratory tract, sore throats and inflammation of the tonsils. This is due to the anti-inflammatory properties of lemon.
7. Warm water with lemon helps regulate natural bowel movement.
8. Water with lemon is indispensable for the normal work of metabolism. Since lemon is a powerful antioxidant, it protects the body from free radicals and strengthens the immune system.
9. Water with lemon aids in proper functioning of the nervous system (as lemon has a high content of potassium). Depression and anxiety are often the result of low levels of potassium in the blood. The nervous system needs a sufficient amount of potassium to ensure sustainable signals to the heart.
10. Water with lemon cleanses blood, blood vessels and arteries.
11. Water with lemon can help lower blood pressure. A daily intake of one lemon can reduce high blood pressure by 10%.
12. Water with lemon creates an alkalizing effect in the body. Even if you drink it immediately before a meal, it can help your body maintain a higher level of pH. The higher the pH, the more your body is able to fight diseases.
13. Water with lemon is good for the skin. Vitamin C in lemon, improves our skin by rejuvenating the body. Drinking water with lemon regularly (every morning) will improve the condition of your skin.
14. Water with lemon helps to dilute uric acid, the built up of which leads to pain in the joints and gout.
15. Water with lemon is beneficial for pregnant women. Since lemons are loaded with Vitamin C, it acts as an adaptogen helping the body cope with viruses such as colds. Furthermore, vitamin C helps the formation of bone tissue of the unborn baby. At the same time, due to the high content of potassium, a mixture of water with lemon helps forming cells of the brain and nervous system of the baby.
16. Water with lemon relieves heartburn. For this, mix a teaspoon of lemon juice in half a glass of water.
17. Water with lemon helps dissolve gallstones, kidney stones, pancreatic stones, and calcium deposits.
18. Water with lemon helps with weight loss. Lemons contain pectin fiber, which helps suppress hunger cravings. Studies have proven people with a better alkaline diet have lost weight faster.
19. Water with lemon helps with tooth pain and gingivitis.
20. Water with lemon prevents cancer. This is due to the fact that lemons are a highly alkaline food. Multiple studies have found that cancer cannot thrive in an alkaline environment.





Watermelon Punch Recipe

Take advantage of ripe watermelon this summer and make some delicious and refreshing Watermelon Punch! This easy-to-make drink is perfect for your next summer BBQ or gathering. In addition to being a very affordable beverage to serve (I found a large seedless watermelon for under \$5 at Costco!), the punch just looks so pretty in the punch bowl.

Watermelon Punch Recipe

(Adapted from MarthaStewart.com)

Ingredients:

14 lb. seedless watermelon
1 and 1/2 cups pineapple juice
1 and 1/2 cups sparkling water
melon balls and or mint leaves for garnish (optional)

Directions: Cut about one third of your watermelon off the top and scoop out all the insides. Puree the pieces of watermelon in a blender or food processor and then strain the solid pieces (I strained over a large pitcher). You'll have to do this in several batches. Add pineapple juice and sparkling water to the "bowl" and pour in your strained watermelon juice. Mix together and chill the punch and bowl in the fridge for about an hour or until ready to serve.

My watermelon actually made more juice than expected so I saved it in a pitcher so I could make even more punch. My family loved this fun party drink. Make it an adult beverage by adding rum or even white wine. Enjoy :)

Written by Lina for Hip2Save. Lina is a proud mom of 2 small kids who loves photography,

Resources: <http://hip2save.com/2014/07/17/watermelon-punch-recipe/h2s-print/>

Retrieved from the web on June 30, 2015



Luscious Slush Punch

Prep Time: 15 minutes

Cook Time: 5 minutes

Ready In: 8 hours 20 minutes

Servings: 50 (4 oz. servings)

"This fruity, fizzy, slushy pineapple-strawberry punch recipe makes enough to refresh a crowd."

Ingredients:

2½ cups white sugar
6 cups water
2 (3 ounce) packages strawberry flavored Jell-O® Mix
1 (46 fluid ounce) can pineapple juice
2/3 cup lemon juice
1 quart orange juice
2 (2 liter) bottles lemon-lime flavored carbonated beverage

Directions: Bring the sugar, water, and strawberry flavored gelatin to a boil in a large saucepan; boil for 3 minutes. Stir in the pineapple juice, lemon juice, and orange juice. Divide mixture into 2 separate containers and freeze. Combine the contents with 1 bottle of the lemon-lime flavored carbonated beverage in a punch bowl, stir until slushy. Repeat with remaining portions as needed.

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Submitted By: Valerie Lynne

Photo By: mauigirl

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CEOP Celebration - June 17, 2015



CEOP Graduates: Standing L to R: Darcy Blackstock, STEM Area II Coordinator; Dianne Lemons, President-Elect; Jennifer Hajovsky, Lamar CISD; Juliana Holmes, Garland ISD; Adriana Janda, Lamar CISD; Eva Zamora, Lamar CISD; Debbie McFadden, President; Debbie Faires, STEM Area I Coordinator; Sitting L to R: Judy Cochren, Lamar CISD; Deloria Harmon, Mesquite ISD; Yvonne Smeltzer, Mesquite ISD; Dedra White, San Jacinto College.

Congratulations!

Congratulations to all who earned their CEOP this year (between August 1st-July 31st)!

Aguilar, Nelly – Mesquite ISD
Bailon, Azucena – Spring Branch ISD
Banda-Mancinas, Abisag – Garland ISD
Basinger, Courtney – Garland ISD
Boyd, Sara J. – Garland ISD
Caplinger, Karen – Garland ISD
Cochren, Judith – Lamar CISD
Davenport, Sharon – Mesquite ISD
Delcid, Gladys – Garland ISD
Gilliland, Patricia (Patsy) – Garland ISD
Godwin, Laura – Mesquite ISD
Hajovsky, Jennifer – Lamar CISD
Harmon, Deloria – Mesquite ISD
Hayes, Gere – Garland ISD
Holmes, Juliana – Garland ISD
Howell, Leanne – University of Houston-Clear Lake
Hughes, Centorial – Garland ISD
Ibarra, Esperanza Pauli – Garland ISD
Jacinto, Martha – Spring Branch ISD
Janda, Adriana – Lamar CISD
Kampwerth, Katherine – Lamar CISD
Martinez, Michelle – Spring Branch ISD
Mazariego, Mercedes – Garland ISD
Mendez, Angela – Del Valle ISD
Mercado, Jessenia – Garland ISD
Pineda, Mary Evangeline S. – Mesquite ISD
Pinkston, Alice – Houston ISD
Ramsey, Pamela – Harlingen CISD
Rodriguez, Maria L. – Garland ISD
Rodriguez, Martina – Mesquite ISD
Rubio, Ana – Garland ISD
Ruiz-Robles, Maria J. – Garland ISD
Sanchez, Carmen – Garland ISD
Sanchez, Melissa – Garland ISD
Schreiber, Stacy M. – University of Houston-Clear Lake
Scott, Thomasina – Mesquite ISD
Sims, Georgella – Mesquite ISD
Smeltzer, Nelda Yvonne – Mesquite ISD
Soto, Olivia – Garland ISD
Uehlinger, Diane – University of Houston-Clear Lake
Verdinez, Emily C. – Spring Branch ISD
Viera, Marylu – Garland ISD
Walker, Melody – Garland ISD
Werfelman, Kristie – Garland ISD
West, Cheryl – Garland ISD
White, Dedra – San Jacinto College
Wright, Sheree – Mesquite ISD
Zamora, Eva – Lamar CISD

TESA

Dream
Challenge
Achieve
with
STEM



The 2014-2015 STEM Committee would like to thank the many TESA members who attended STEM sessions across the state. The wonderful host districts and universities of the numerous STEM sessions provided TESA members a place to “Dream, Challenge and Achieve” while obtaining valuable professional development.

The STEM Committee is deeply grateful for the accomplishments we have achieved this year through the participation at STEM sessions, Consultant Trainings, and the Summer Work Conference. My utmost respect and appreciation goes to Debbie Faires, Area I Coordinator, and Darcy Blackstock, Area II Coordinator, both have worked diligently to provide TESA members with a quality year of personal growth.

As we close out our year and move on to new endeavors, we wish the 2015-2016 STEM Committee, Darcy Blackstock, Chairman, Debbie Faires, Area I Coordinator, and Eva Zamora, Area II Coordinator, a very productive and fun-filled year. May you enjoy the friendship we share as you continue to flourish in your new assignment for TESA.

Deepest regards,
Sandra Curry, CEOP
2014-2015 STEM Chairman

2014-2015 STEM Committee

Sandra Curry, Chairman
San Jacinto College District
sandra.curry@sjcd.edu

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Darcy Blackstock
Area II Coordinator
Channelview ISD
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Texas Educational Support Staff Association, Inc.

STEM Calendar 2015 – 2016

<u>Date</u>	<u>Session</u>	<u>Consultant</u>	<u>Host</u>
September 1, 2015	Basic Communication	Debbie McFadden	UHCL
September 15, 2015	Rules for Spelling	Paula Lambricht	Mesquite ISD
October 6, 2015	Managing Change	Wanda Honeycutt	UHCL
October 12, 2015	Professional Image (AM)	Barbara Jennings	Channelview ISD
October 12, 2015	Leadership Training & Team Building	Barbara Jennings	Channelview ISD
October 13, 2015	Customer Service	Diane Hogg	Mesquite ISD
October 17, 2015	Customer Service (AM)	Wanda Honeycutt	Lamar CISD
October 17, 2015	Rules for Spelling (PM)	Wanda Honeycutt	Lamar CISD
October 24, 2015	Basic Communication	Dianne Lemons	Mesquite ISD
November 7, 2015	Effective Office Practices	Paula Lambricht	Garland ISD
November 14, 2015	Managing Change	Diane Hogg	Mesquite ISD
December 3, 2015	Professional Image (AM)	Barbara Jennings	UHCL
December 3, 2015	Professional Growth Plan (PM)	Debbie McFadden	UHCL
January 14, 2016	Professional Growth Plan	Dianne Lemons	Garland ISD
January 19, 2016	Dialogue of Diversity (AM)	Wanda Honeycutt	UHCL
January 19, 2016	Stress Management (PM)	Debbie McFadden	UHCL
January 23, 2016	Interpersonal Communications	Dianne Lemons	Mesquite ISD
February 2, 2016	Leadership Training & Team Building	Diane Hogg	Mesquite ISD
February 6, 2016	Assisting Difficult People	Wanda Honeycutt	Lamar CISD
February 16, 2016	Assertiveness Training	Paula Lambricht	Mesquite ISD
February 23, 2016	Interpersonal Communication	Wanda Honeycutt	UHCL
March 4, 2016	Mini Consultant Training	TESA Consultants	Prior to Lamar CISD Area Workshop
March 17, 2016	Stress Management	Dianne Lemons	Garland ISD
March 22, 2016	Effective Office Practices	Barbara Jennings	UHCL
March 26, 2016	Profile For Success	Dianne Lemons	Mesquite ISD
April 7, 2016	Time Management	Dianne Lemons	Garland ISD
April 12, 2016	Rules for Spelling (PM)	Wanda Honeycutt	UHCL
April 12, 2016	Telephone Skills (PM)	Debbie McFadden	UHCL
April 16, 2016	Assisting Difficult People	Dianne Lemons	Mesquite ISD



STEM Committee

STEM Host Contacts

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TESA Central Office
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STEM Committee 2015-2016

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Eva Zamora, CEOP

Area II Coordinator (South)
Lamar CISD
ezamora@lcisd.org



The 84th Legislative Session

A BRIEF RECAP ON THE EDUCATIONAL RELEVANCE BY GERALD WHARTON, LEGISLATIVE CONSULTANT

by Gerald Wharton, Past President and Legislative Consultant



Gerald Wharton
Past President and
Legislative Consultant

The 84th Texas Legislature adjourned June 1, 2015. Governor Abbott vetoed 42 bills. Other bills he either signed into law or will let them become law without his signature. The bills he signed became

effective immediately, the unsigned bills will be effective August 31, 2015. Some considered this a “so-so” session, with education funding still lagging. Now a brief recap of the 84th Legislative session:

School finance – the bill having the most interest to all of us. House Bill (HB) 1 set the state’s education budget, for the next two years. While the legislature increased funding (if you take inflation into account), they left education funding about \$5 billion short of the 2008 funding levels. The funding short fall will likely continue deficit budgets for many school districts. It might be possible that a special session may be called depending on the findings of the state Supreme Court when it rules on the package of lawsuits regarding the constitutionality of the current public school finance system.

Gun Rights – These changes have a significant impact for higher education. Licensed gun owners may now carry concealed handguns on public college and university campuses. Colleges and universities can declare certain areas, gun free, but cannot ban them in general.

Early Education – One of the governor’s priorities was incentive for pre-kindergarten. The legislature approved \$130 million of various incentives for Texas schools to boost the quality of early education programs.

Teacher Retirement System (TRS) – Several

bills passed regarding TRS. Retirement checks will now be paid on the last business day of the month, instead of the first day of the month. TRS Care funding included \$768 million to cover projected shortfalls. Other changes included creating a committee to study TRS-Care and TRS-active Care regarding cost and coverage, etc. Additionally, those participating in the Deferred Retirement Option Program (DROP) may revoke participation by December 31, 2015.

Campus and District Ratings – Campuses and Districts will be rated on an A-F scale. The ratings will be for both overall and by each domain. HB 5, start the district ratings beginning 2016-2017; while HB 2804 has them both starting in

2017-2018. The accountability system has been redesigned to include five domains: first domain based solely on the test; second and third domains on student growth and closing the gap between student groups; fourth domain will be on non-test areas; and the fifth domain measures parent and student engagement.

Bills that did not pass – School Voucher; Home-rule; tying test scores to teacher appraisals/compensation; elimination of state minimum salary schedule; allowing home-schooled students to participate in UIL activities, etc.



Staff Training for Effective Management (STEM)

Thank you!



The 2014-2015 STEM Committee extends a very heartfelt “Thank You” to the following educational entities for hosting STEM sessions.

Garland ISD - Lamar CISD - Mesquite ISD - Richardson ISD - San Jacinto College - Spring Branch ISD - University of Houston-Clear Lake

Sandra Curry, STEM Chairman
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Debbie Faires, Area I Coordinator
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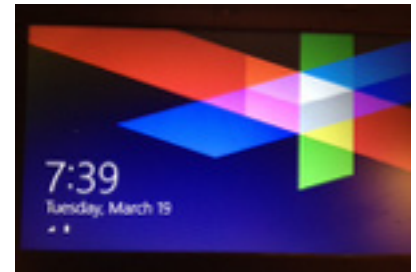
Darcy Blackstock, Area II Coordinator
darcy.blackstock@cvisd.org



Learn the Basics of Windows 8

Welcome/Lock screen

When Windows 8 opens, it is the lock screen that you see first. Click with your mouse anywhere on the screen and you will be taken to the Password Screen.

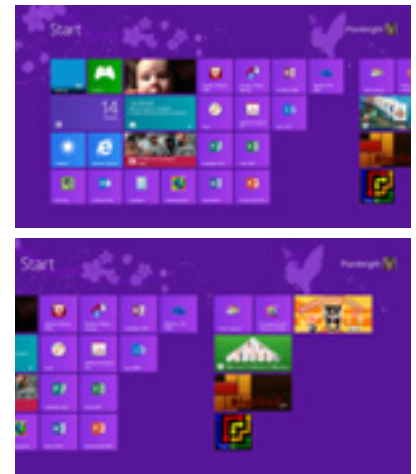


Metro Interface View

Windows 8 starts with a totally new makeover of a variety of apps in colorful tiles. The new interface can easily be customized to better suit your needs.

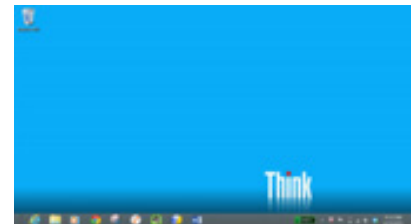
Some tiles are “live.” If you have Photos, Mail or News pinned to your Metro view, the tiles will be changing and updating continually. Live tiles are twice as wide as the other tiles and can be made smaller by right-clicking on them and choosing the icon marked smaller at the bottom of your screen.

Use the scroll bar at the bottom of your screen and scroll to see apps that might be off to the right side of your screen. Scroll back to the left to see the others. Right-click on apps you don't need and select Unpin to remove them; and drag and drop the other tiles around to organize them as you like.



Desktop View

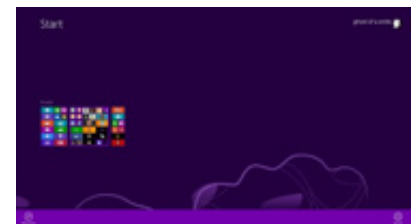
Use the Window logo key to switch back and forth from Metro to Desktop or Desktop to Metro. You can use the Desktop tile or the Start Charm to switch from Metro to Desktop. If you are in the Desktop view, you can switch to the Metro view by moving your mouse to the bottom left corner of your screen. You will see a small icon of the Metro screen, clicking on it will take you to the Metro view.



Apps in groups

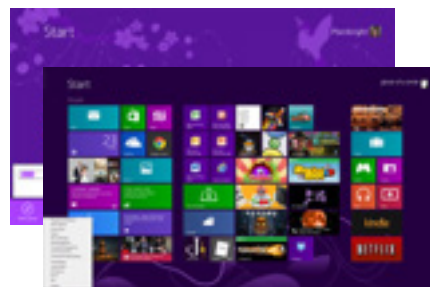
The Start screen apps are in a fairly random order, but you can easily organize them into custom groups. You might drag People, Mail, Messaging and Calendar over to the left-hand side, for instance, to form a separate 'People' group. Click the 'minus' icon in the bottom right corner of the screen to zoom out and you'll now find you can drag and drop the new group (or any of the others) around as a block. Create a block of websites that you visit frequently. Group all of your MS Office apps together.

Right-click within the block (while still zoomed out) and you'll also be able to give the group a name, which - if you go on to add another 20 or 30 apps to your Start screen - will make it much easier to find the tools you need.



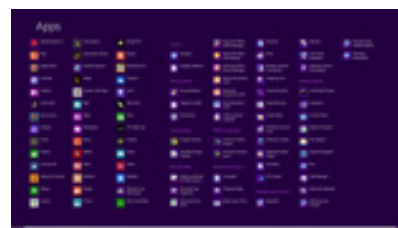
Quick access menu

Right-click in the bottom left corner (or hold down the Windows key and press X) for a menu that provides easy access to lots of useful applets and features: Device Manager, Control Panel, Explorer, the Search dialog and more.



Finding your applications

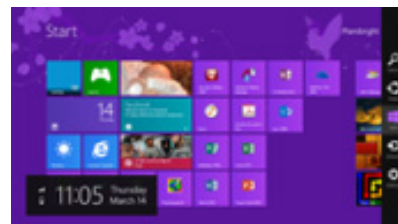
The Quick Access menu is useful, but doesn't show all of your apps like the Start menu did. To find all of your apps, right-click an empty part of the Start screen and select 'All Apps'. You will see row after row of apps that are installed on your computer.



The Charm Bar

Charms are the icons on the right side of your screen when you point your mouse to the upper-right corner of the screen.

- Search
- Share
- Start
- Devices
- Settings



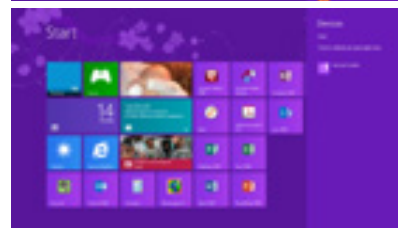
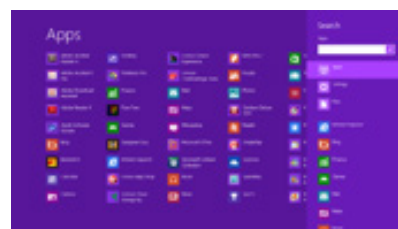
Search Charm

Choose this, and Windows assumes you want to search through what you're currently seeing onscreen. To expand your search, choose one of the other search locations: Apps, Settings, or Files.

If there's an app you use all the time you won't want to access it using the Search Charm every time. Pin it to the Start screen and it'll be available at a click.

Start by typing part of the name of your application. To access Control Panel, for instance, type 'Control'. Right-click the 'Control Panel' tile on the Apps Search screen, and click 'Pin to Start'.

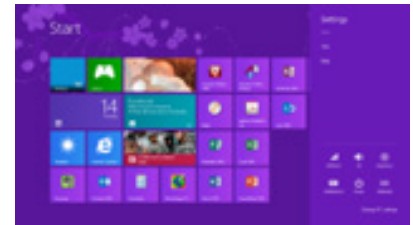
Now press the Windows key, scroll to the right and you'll see the Control Panel tile at the far end. Drag and drop this over to the left somewhere if you'd like it more easily accessible, then click the tile to open the desktop along with the Control Panel window, and press the Windows key to return you to the Start screen when you're done.



Technology Tips - Polly's Corner

Share Charm

This offers options for sharing what's currently on your screen. When viewing a web page, for example, a click of the Share button lets you choose Mail to e-mail the page's link to a friend.



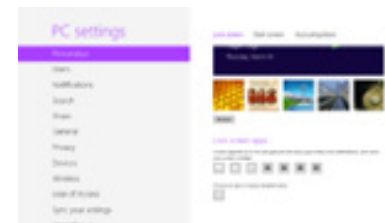
Devices Charm

Choose this to send your current screen's information to another device, such as a printer, second monitor, or perhaps a phone. (The Devices option lists only devices that are currently connected with your computer and able to receive the screen's information.)

Start Charm

This simply takes you back to the Start screen. The Windows key on your keyboard does the same thing.

At the bottom of the screen choose Change PC Settings to open the Start screen's mini-Control Panel.



Settings Charm

This lets you adjust your computer's major settings: WiFi/Network, Volume, Screen, Notifications, Power, and Keyboard/Language.



Browsing

While your browser is open, click in the address bar at the bottom of the screen. You will see a row of icons above. On one side you will see frequent sites and the other side will show your Favorites.

Frequent sites are automatically placed for you by the computer. They can be removed by right-clicking on one and choosing Remove. Favorites are made by clicking on the pin marked Pin Site. They can also be removed by right-clicking on one and choosing Remove.

Move your mouse to the top of your screen. You will see a hand. Right-click and you will see a black bar appear. In the black bar will be the website you are currently in and any others you may have open.

To the right is a + sign. This will allow you to open a new tab. The other icon is a circle with 3 dots. When you move your mouse over it you will see the words, Tab Tools.

The box to the right will appear if you choose Tab Tools.

To close a window in your browser, drag the top of the page down to the bottom of your computer screen. Continue dragging until the window fades and then you release it. This will close that window.



InPrivate is turned on

InPrivate Browsing helps prevent Internet Explorer from storing data about your browsing session. This includes cookies, temporary Internet files, history, and other data.

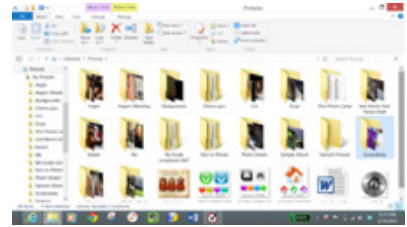
To turn off InPrivate Browsing, close this browser tab.



Screenshots

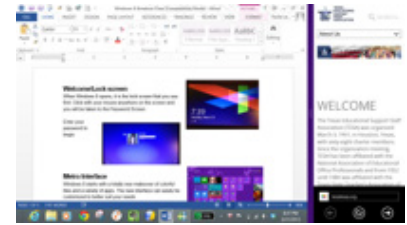
With Windows 7, you had to paste your screenshot in Notepad or a Word document otherwise it was lost.

In Windows 8, when you take a screenshot, you don't have to paste it anywhere. It is automatically saved in My Pictures.



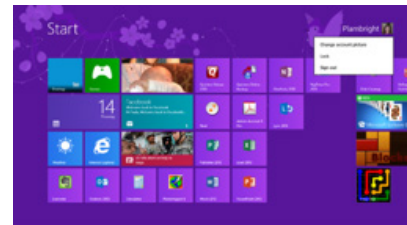
Two Screens

While on your desktop or in the Metro view, you can view two screens at the same time. While pulling the window from the top, drag the window to the right or left side of the screen. You will see a bar that shows how the screen is split. When you turn loose that window will drop into the right or left section. At that time you can open another window and have two screens at the same time. To close one screen, drag it to the bottom of your computer screen. You can also drag the bar causing one screen to cover the other.



Sign Out, Lock or Change Your Account Picture

While in the Metro view, click on your name in the top right. The menu that appears offers you the opportunity to sign out or lock your computer. Easily change your account picture here without going to Control Panel.



Shutting down

To shut Windows 8 down, just move the mouse cursor to the bottom right corner of the screen, click the Settings icon - or just hold down the Windows key and press I - and you'll see a power button. Click this and choose 'Shut Down' or 'Restart'.

Some of the tricks available in previous versions of Windows still apply. Press Ctrl+Alt+Del, for instance, click the power button in the bottom right-hand corner and you'll be presented with the same 'Shut Down' and 'Restart' options.

And if you're on the desktop, press Alt+F4 and you'll be able to choose 'Shut Down', 'Restart', 'Sign Out' or 'Switch User' options.

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

- Maya Angelou

Just Google It!

By: Caree Rahberg, Library Media Specialist and Google Guide



Caree Rahberg
LMS and Google Guide
Liberty Junior High, RISD
Richardson, TX

"Just Google it!" Adults from the "Gutenberg Era" often groan at the today's Digital Native-response to any request for finding information – regardless of the scholarly nature of the request. Gone are the days of printed volumes of encyclopedias, world atlases and dictionaries. Oh, these resources are still available, but now only in digital format. Both students and adults find ready answers to virtually every conceivable query by posing their questions in colorful and unique Google search boxes.

Yet, when challenged with using Google APPs

(short for applications: a software program designed to perform a specific function) for sharing information and going paperless, we older digital users find ourselves clinging to our paper copies and file folders. However, Google APPs for Education (GAfE) are not limited to classrooms. Offices, clubs and private enterprises use free and readily available GAfE tools to make file sharing and organization easier. Liberty Junior High's (RISD) journey to becoming a GAfE school began with a few early adaptors and through intentional training and ongoing support spread throughout our school, soon the majority "settled in" comfortably within the Google environment.

How many of us have experienced those well-planned teachers who place their copies in the file bin well in advance of their deadline only to find their work buried beneath the last minute copies piled on top of them? With Google files and folders, work can be managed equitably and efficiently with embedded time stamps and due dates guiding the production process. Below is a brief outline of basic steps to sharing files and creating folders to organize your work environment.

Begin with the understanding that Google APPs work best with a Google Chrome or Firefox browser. Internet Explorer (IE) is a Microsoft product, and therefore less collaborative with the Google products. It is important to note, however, that although Google Chrome provides a personalized browser with one's favorites from any computer. However, one should be wary of sneaky add-ons that embed themselves in the Chrome browser – as these are, in fact, viruses. These "rascals" often appear when downloading a new APP. Although we tend to "accept" most add-ons as a matter of course, these "pop-ups" can be very pesky and difficult to remove. Read

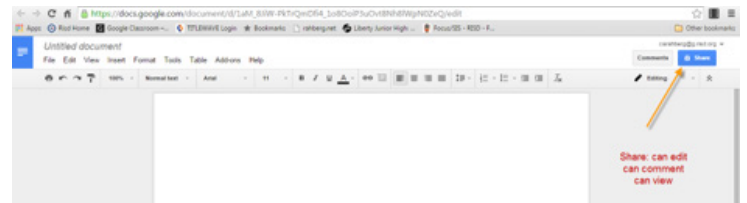
"pop-ups" carefully and do not permit unwanted or unfamiliar add-ons.

If you are working with the Google Chrome browser, go to the Chrome Web Store and add the following APPs: Google Drive, Google Docs, Google Sheets, Google Forms, Google Slides, Google Search and Gmail.

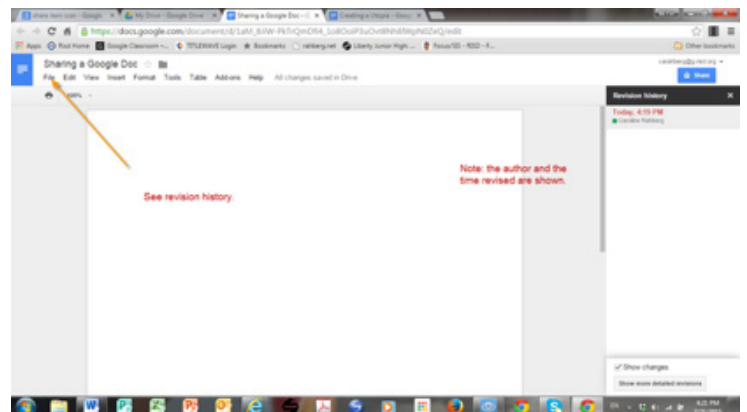


This will provide icons within your 9-square Google APPs launcher to facilitate quick access to the Drive where you will find all of your Google documents, presentations, surveys and mail. Google docs are similar to the Microsoft Word program

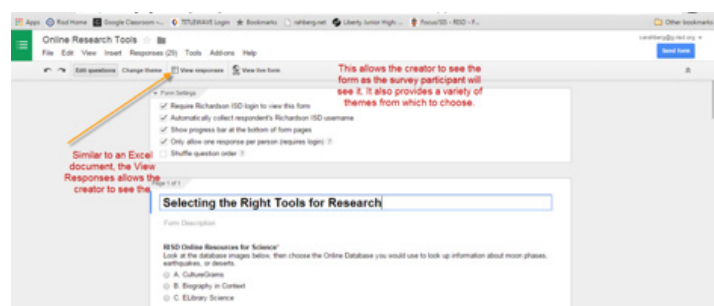
with a Share icon in the upper right corner that allows the author to share the document with other Google users. This option also allows the creator to share the document as a product that one "can edit," "can comment," or "can view." Depending on whether you want the document to be a collaborative work or one that remains unchanged, the document is shared accordingly.



Google Sheets are similar to Microsoft PowerPoint presentations and are shared in the same way. As with all Google products, the creators can view the "Revision history" under the File tab in the upper left corner of the screen to return to previous versions or to restore accidentally-deleted projects. The revision history also provides a record of who has made additions or changes and when those changes were made.

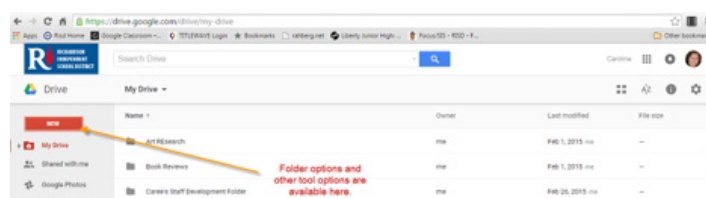


Google Forms are a quick and easy way to create and share surveys. The author can require Google sign-ins, so the contributor is readily identifiable. Or the author can share the form with anyone who has a link and create the first question to solicit the name of the person completing the form. The delightful component of this tool is that the responses are immediately available in an Excel-like format called "Sheets." This is accessed by selecting the "View Responses" forms at the top of the Form screen. By clicking on the Form tab and selecting "Show Summary of Responses" a pie-chart of responses and percentages of each is available immediately. How awesome is that!



Now, for those clerical tasks that seem to accumulate in a basket and become difficult to manage...Google folders can sort those tasks efficiently.

Within the Google Drive, there is a "New" tab in the upper right corner. When selected, "Folder" is the first option. After choosing to add a folder, the next step is to name it. At this point, the folder can be shared with others. Invited members may be granted permission to edit, comment or view, just as in the other Google products. The owner of the folder can create folders to place within the folder for individuals. Whenever items are shared within the folders, the owner of the folder is notified by Gmail. Training teammates to share documents and projects via the Google drive or folder system allows organizations to go paperless and provides time stamps identifying the order in which the jobs are received.



Google Drive and Google products are very similar to the Microsoft products, of which we are comfortable. So once your organization becomes comfortable using Firefox or Chrome browsers, they will find themselves "Googling like the Natives!"

					6			
				2	7			8
	4					9	1	
		8	7		3		4	6
	2		4	6	9		7	
4	6		1		2	3		
	5	4					6	
7			5	4				
		2						

Sudoku Puzzle

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9.

That's all there is to it. There's no math involved.

The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic.

It's fun. It's challenging. It's addictive!

Answer Key on Page 49



TESA Scholarships



A special thank you goes out to the following for
their donations to our Scholarship Funds!

Birdville Educational Support Staff Association

Darcy Blackstock

Texas Retired Educational Secretaries Association

*Please consider making a donation to
either the Lorene Roby Rogers or
Founders Scholarship Funds!*



Your donations are greatly appreciated!

*“Nothing is impossible, the word itself says
“I’m possible”!*

- Audrey Hepburn

TESA SCHOLARSHIP DONATION FORM

TESA Central Office Scholarship Committee Chairman
1460 E. Whitestone Blvd., Suite 175 - Cedar Park, TX 78613

Name: _____
Association: _____
Address: _____
City/St/Zip: _____

Check one: ☐ Lorene Roby Rogers Memorial Scholarship Fund
☐ Dr. Michael Zolkoski Technology Scholarship Fund
☐ Founders Scholarship Fund

Check one: ☐ Individual Amount: \$ _____
☐ Local Association Amount: \$ _____
☐ State Association Amount: \$ _____

Donation is made in memory/honor of: _____

Notification should be sent to:

President's Name: _____
Association: _____
Address: _____

LORENE ROBY ROGERS MEMORIAL SCHOLARSHIP

The Texas Educational Support Staff Association established a memorial fund to Mrs. Lorene Roby Rogers after her death December 31, 1969, as contributions were received in her memory by our organization. The general assembly of TESA voted in May 1970 to establish a permanent fund to be named the Lorene Roby Rogers Memorial Scholarship Fund for a secretary, clerical or instructional assistant in education to continue her education.

DR. MICHAEL ZOLKOSKI TECHNOLOGY SCHOLARSHIP

In June 1996, the Texas Educational Support Staff Association established the Dr. Michael Zolkoski Technology Scholarship. This scholarship is for TESA members who would like to take computer enrichment classes.

Dr. Zolkoski's commitment to TESA has been without precedent and exemplifies the spirit of TESA. This scholarship fund has been established to honor Dr. Zolkoski's efforts to enhance the paraprofessionals' knowledge of technology.

FOUNDERS SCHOLARSHIP

In April 2006, the Texas Educational Support Staff Association established the Founders Scholarship. This scholarship was created to honor past TESA leaders and members who laid the foundation for this association. This scholarship is for children, grandchildren, and great-grandchildren of active TESA members. Recipients must be graduating high school seniors.



Rio Grande Valley Educational Support Staff Association (VESA)

By: VESA 1st Vice-President Lisa E. Gonzalez, CEOP

The Rio Grande Valley Educational Support Staff Association held their 48th Annual Bosses Banquet with a “Safari-theme” on Friday, May 1, 2015 at the Dolphin Motel Rec Hall in Donna, TX. The bosses were treated to a casual, relaxed, enjoyable evening of music, food and desserts, and each was presented with a small vase with two bamboos. Two bamboos symbolize an expression of love and doubles your luck – “Good things come in pairs!”

After the recognition of the bosses, Elva Villarreal, Transportation Coordinator for South Texas ISD, installed the officers for 2015-2017. Officers are: Martin Saenz (South Texas ISD), President; Bonnie Saucedo (South Texas ISD), First Vice-President; Mary Ann Gallegos (Harlingen CISD), Second Vice-President; Belia Solis (Weslaco ISD), Secretary; and Patty Garcia (Weslaco ISD), Treasurer.

As is tradition in VESA, the Outstanding Support Staff Member of the year was announced after the installation. This year’s winner is Irma Garcia, Rio Grande City CISD. Irma stepped in this year as the VESA Secretary after a resignation left the position vacant. She is always willing to help in whatever way she can. Irma’s boss

stated the following, *“Working as a secretary has never been a job for this individual---it is a “true calling.” A job is going through the motions and collecting a paycheck....but a calling is working with a passion and fire that comes from deep within and making statements such as “Secretaries Rock!!! Without me...files are just papers that have no meaning...” She goes above and beyond in all her daily efforts and runs the office effectively, efficiently but with a kind and caring heart. Her efforts are all toward a common goal---ensuring that all students’ needs are being met. She takes the greatest pride in each and every project and works tirelessly so that everyone else’s job runs smoothly. She loves her job as a secretary.”*

Before the evening ended, President Ofelia Barrón recognized Lisa E. Gonzalez, current TESA First Vice-President, who has been elected to be our TESA President Elect for 2015-2016. She will be working side-by-side with our 2015-2016 TESA President, Dianne Lemons, preparing herself to become our 2016-2017 TESA President. Lisa will not only be representing VESA, but also Donna ISD and all of the Valley as she will be the first TESA President from the Rio Grande Valley. VESA is truly honored to have Lisa representing the Valley and our association. We wish her the best of luck in

the upcoming years.

Last but not least, several VESA members attended the TESA Summer Work Conference in Austin in June. President Barrón served as the TESA Summer Work Conference Registration Chairman. VESA member in attendance assisted in various activities, i.e., Registration, Welcome Table, facilitators, door prize distributors, and event ticket collectors. Special thanks to everyone that helped out.

VESA is very excited that Dr. Marla M. Guerra, South Texas ISD Superintendent, was selected as the TESA Administrator of the Year Award! She was recognized at the TESA Summer Work Conference Business meeting on Friday, June 19, 2015. Dr. Guerra has always been very supportive of VESA and not only the VESA members from her district, but all VESA members. Congratulations Dr. Guerra! Thank you for your never ending support! VESA was also awarded third place in the Yearbook Award at the TESA Summer Work Conference.

Members are now taking a break before beginning a new year in September under a new leadership. We look forward to an exciting year.



Left: Dante Muñoz presented Ofelia Barrón outgoing VESA president with a bouquet of flowers

Right: Decorated cupcakes for the Bosses Banquet



Affiliates in Action



VESA Officers for 2015-2017 Left to right: Patty Garcia, Treasurer; Belia Solis, Secretary; Martin Saenz, President; Bonnie Saucedo, First Vice President; Mary Ann Gallegos, Second Vice President and Elva Villarreal, Installing Officer



Bosses present at the 48th Annual Bosses Banquet



Outstanding Support Staff Member of the Year 2015 – Irma Garcia, Rio Grande City CISD



VESA Members present at the 48th Annual Bosses Banquet



Left: VESA members who will be serving on the 2015-2016 TESA Board or serving committees: Ofelia Barron, SWC Social Chairman; Lisa E. Gonzalez, President Elect; Patty Garcia, Awards/Scholarship/Journalist Committee; not present Mary Ann Gallegos, Area Workshop Committee



VESA Members with Dr. Marla M. Guerra, TESA Administrator of the Year after the Awards Presentation.



Dr. Guerra, after receiving the TESA Administrator of the Year Award at the TESA Summer Work Conference



Left: Gabby Borquez accepting the Founders Scholarship on behalf of her daughter Christina Borquez, Harlingen CISD

Right: VESA Yearbook Award – 3rd Place (Pictured left to right: Jana Worthington, Weatherford ISD-2nd Place; Pat Crawford, Richardson ISD-1st Place; Ofelia Barron, VESA-3rd place)



Spring Branch Educational Support Association (SBESA)

Spring Branch ISD, Houston, TX

Message from 2014-15 President Felipe Campos

– One of the highlights during my year as SBESA president was the announcement of the SBESA Scholarship Recipients – chosen from applications from our members for their high-school students. We humbly presented five to SB high school students – each receiving a \$1,000 scholarship; they are: Madeline Margraves-Memorial HS; Erica Mendoza-Northbrook HS; Megan Greer-Spring Woods HS; Erin Higgins-Stratford HS; and Alexis McNeil- Westchester Academy of International Studies. Congratulations HS Grads, and many thanks to Maya Faggett, Scholarship Chair! Lastly, thank you all for an awesome year!

Message from incoming SBESA President Carmen Lopez 2014-15 – “You hold the KEY...”

(Portions: Full article available in the SBISD News June 2015)

New SBESA President, Carmen Lopez, thanks the membership for electing her and all members of the new board for 2015-2016 – and expresses appreciation to Past-President Felipe Campos and his board for an awesome 2014-15 school year. Thanking everyone involved for the installation ceremony, President Lopez announced her theme for the year – “You hold the KEY to your own success.” She challenged the board and members to continue the goals

and mission that their organization stands for and encouraged them to “take existing success and gift of the present and make it into something greater.” Final words of her speech included, “Not everyone is as fortunate as are successful. So now is the time to take your existing success and your gift of the present and make it into something greater. You don’t have to wait for someone to grant you permission – you have the power at this very moment to begin for yourself. Real success does not lie in possessions, classifications, certifications or numbers, instead it rests in the power of your heart and mind. That is the KEY.”

Highlights from selected SBESA events, Felipe Campos, 2014-2015 SBESA President



SBESA “Social Hour Gathering,” photos submitted by Maya Faggett, Social Chair



SBESA “Fun-raiser Night”



SBESA “Fun-raiser Night”...and a good time had by all! Thanks, Maria Campos, for contributing these photos



2015 Scholarship winners and their parents



Members of the new 2015-16 Board Left to right: Felipe Campos, Past President; Carroll Harkins, Parliamentarian; Carmen Lopez, President; Carla Stevens, Secretary; Karen Purvey, Treasurer; Carmen Martinez, Vice President; and Julia Lampart, President-Elect (not present).

University of Houston-Clear Lake (UHCL) UHCL Educational Support Association (ESA)

Summer Wrap-Up by Margaret Garcia, UHCL-ESA President
Contributions by Sydney Kennedy, Marisela Maldonado and Wanda Honeycutt

UHCL-ESA – represented well at the TESA Summer Work Conference (SWC), including Terri Culbert, Wanda Honeycutt, Sydney Kennedy, Marisela Maldonado, Iris Martinez; and Debbie McFadden. Selected pictures will be included in various SWC scenes of this issue.

Following a fantastic SWC, a few of ESA board members returned to campus energized and immediately met with ESA President Margaret Garcia to plan for what we expect to be an exciting fall.

First on the agenda was to work up a roster of STEM classes to be held at UHCL beginning September 2015 through spring 2016. So as you are reviewing this issue of the TESA Connection – check the TESA STEM Master Calendar – and find classes listed at UHCL. We look forward to seeing you here!

The Annual Board Transition Meeting was held

on Thursday, July 30, 2015, where the membership was introduced to the 2015-16 Board and Committee Chairs, listed as follows: President, Margaret Garcia; President-Elect, Sydney Kennedy; Treasurer, Marisela Maldonado; Secretary, Nicole Lenderman; and Historian, Iris Martinez.

See collage for pictures of the Board and Committee Chairs, named as follows:

Committee Chairs for 2015-16 are: Membership, Dolores Galvan; Fund Raising, Bridgette Daniels; Training, (Co-Chairs) Sydney Kennedy and Marisela Maldonado (Wanda Honeycutt, Training Advisor); and Stipends/

Awards, Diane Uehlinger (Debbie McFadden, Stipends Advisor).

Date to recognize our Bosses/Supervisors – Luncheon is set for October 13, 2015 in the Forest Room. UHCL-ESA Members, details will follow.

Membership in your local Affiliate is vital! Have you joined?



Garland Education Support Staff Association

By: Teena Hancock, 2014-2015 President



Garland Educational Support Staff Association held its last meeting for the year on May 18, 2015 and presented to the membership its newly elected officers for 2015-2016. The annual installation ceremony was held and Dr. Doug Brubaker, Associate Superintendent of Administration installed the officers for the upcoming year. Pictured left to right: Jo Ann Casey, Secretary; Brenda Bernal, Treasurer; Dr. Doug Brubaker; Juliana Holmes, President; and Diana Rodriguez, Vice President. We congratulate President Juliana and her board, and look forward to a great new year!

Harlingen Educational Support Staff Association (HESA) Ready to Roll into 2015-2016!

By: Mary Ann Gallegos, HESA President 2014-2015



2015-2016 HESA Officers, shown above L-R: Esmeralda Rodriguez, Treasurer; Gabriela "Gaby" Borquez, Secretary; Linda Rodriguez, Vice President; and Carolina Carol Saenz, President

The Harlingen Educational Support Staff Association (HESA) held their Installation of Officers Meeting on May 7, 2015. The 2015-2016 HESA Officers, pictured below, are ready to roll – sharing wonderful ideas and already planning for next year! Congratulations Ladies!

Harlingen CISD Administration, our Wonderful Bosses, and Super HESA Members – all strive to support HESA, and we are believing for a wonderful year!

**Sudoku
Solution**

8	7	3	9	1	4	6	2	5
5	9	1	6	2	7	4	3	8
2	4	6	8	3	5	9	1	7
9	1	8	7	5	3	2	4	6
3	2	5	4	6	9	8	7	1
4	6	7	1	8	2	3	5	9
1	5	4	2	9	8	7	6	3
7	3	9	5	4	6	1	8	2
6	5	2	3	7	1	5	9	4



Left to right are President-LaDawna Raper; Vice President-Shari Morgan; Secretary-Annette Voss; Installing Officer-Shirley Haswell; Treasurer-Maudie Lionberger; Reporter-Patsy Johnston; and Historian-Pam Conover.

Weatherford Educational Support Association (WESA)

By: Patsy Johnston

Weatherford ESA closes 2014-2015 with a very successful school year, including combined fundraising projects that raised \$1,665. This money goes toward three scholarships given annually, with \$350 to each recipient, to go toward their books or tuition.

New WESA officers were installed for the 2015-2016 school year, as follows: President, LaDawna Raper; Vice President, Shari Morgan; Secretary, Annette Voss; Treasurer, Maudie Lionberger; Reporter, Patsy Johnston, and Historian, Pam Conover. We had the honor of Shirley Haswell install our officers.

Odessa Association of Educational Support Personnel (OAESP) - Ector County ISD

By: Rennette Aguilar

At our 2014-15 final OAESP meeting held at the Barn Door on May 21, we “put on our noses” and donated \$500.00 in support of Red Nose Day. We were three noses short, but with creative minds and the want

of participation, not a nose was left behind! We used the “handy-dandy” fork, placed a cherry tomato, and “Wallah” – a Red Nose! Red Nose Day (RND) is all about having fun, changing lives, raising money, and transforming children living in poverty in the U.S. and overseas. This is the first year the U.S. was involved in this RND fundraising event and an awesome “RND news special” was aired live by NBC on May 21. OAESP was excited to participate! For more information visit: rednoseday.org



LCESA... made from the very best!

A Year Worthwhile...2014-2015

By: *Melissa Rodriguez, LCESA President 2014-2015*



LCESA Treasurer Melissa Jozwiak and President Elect Michelle Haas welcome a new member at the Welcome Back Breakfast held in August 2014 at George Ranch HS.



LCESA members Gracie Alanis, Sue Hand, LaNita Kaluza and Melissa Uvalle from the Transportation Department eagerly await for the October meeting to begin.



1st Picture: Dr. Thomas Randle, Superintendent and LCESA member Karen Vacek; 2nd Picture: LCESA member Eva Zamora and March Davila from Payroll; LCESA member Kristi Fehres and Sonya Sanzo from Reading Jr High.



Bosses Banquet

Masquerade

March 27, 2015



2015 LCISD Seniors receive scholarships.

Seated: Rebecca Cantrell and Celina Lerma, Lamar HS; Arlene Garcia, Foster HS; Laken Fitzgerald, George Ranch HS.

Standing: LCESA President Melissa Rodriguez; Rodney Rodriguez, George Ranch HS; Priscilla Rodriguez and Ashlynn Kolmansberger, Terry HS; Becky Melendez Scholarship Chair & LCESA President 2015-16. Congratulations to all and may you always chase your dreams!

LCESA... made from the very best!

A Year Worthwhile...2014-2015

By: Melissa Rodriguez, LCESA President 2014-2015



LCESA members receiving their CEOP Certification at the TESA SWC 2015 in Austin: 1st row seated—Judy Cochren. Standing: 2nd—Jennifer Hajovsky, 4th—Adriana Janda & 5th—Eva Zamora. Top Row: TESA President Elect Dianne Lemons (l) and TESA President Debbie McFadden (r)



Sue Hand receiving the Educational Employee of the Year—Nelda Van Dyke Award at TESA SWC 2015. Sue was nominated by LCESA past president, Melissa Rodriguez. One of Sue's most valuable assets to LCESA is her confidence and spirit. Sue is an inspirational role model for all LCESA members. Congratulations Sue from your LCESA family!



LCESA members celebrating at the TESA Banquet are 1st row: Kendra Ramirez, Eva Zamora, Melissa Rodriguez, Stephaney Davis. 2nd row: Jennifer Hajovsky, Marie Enax, Barbara Johnson and Sylvia Yglesias



LCESA is well represented on the TESA Executive Board and Committees. 1st row: Kendra Ramirez, Affiliates Committee member; Eva Zamora—STEM Committee member & Area II Coordinator; Becky Melendez, Membership Committee member; Barbara Johnson, SWC 14-15 & Welcome Committee member. 2nd row: Sue Hand—TESA Past President, SWC committee, Mentor; Marie Enax, Member At Large Nominations & Awards/Scholarship/Journalist and Melissa Rodriguez, Member At Large-Area Workshops & Legislative. Congratulations from your LCESA family!

Tomball ISD / TESA

2015-2016 New TESA Officers

family



Welcoming our new President, Debra Boles, who works at Tomball Memorial High School.



(left to right)
Henreitta Goncalves - Secretary
Debra Boles - President
D'Lisa Sharp - Vice President
Bridgette Manuel - Historian

selfless leader action servant
humility leadership
good-listener ethical open-minded role-model

Learning to cook like the Pro's

TISD TESA had two local Chefs teach TESA members simple culinary skills on how to slice and dice up those tricky foods that we like so much. All the members left with some really great tips!



Everyone had a great time at our annual End of the Year Banquet. One of our favorite games to play...is unwrapping multiple wrapped boxes under pressure to beat the clock and claim the gift inside. Talk about some very laid back women getting aggressive!! Fun times with great friends!



Although no one can go back and make a brand new start, anyone can start from now and make a brand new ending.

— Carl Bard

TESA Past-Presidents Association

By: Gerald Wharton, President



Gerald Wharton
Past President and
Legislative Consultant

What a great time we had at the 2015 TESA Summer Work Conference!! There were 14 TESA Past Presidents in attendance. We all had various opportunities to support the SWC. Many taught STEM classes and/or breakout sessions; sold the TESA Cookbooks; worked the Welcome Table; installed the 2015-2016 TESA Executive Board, and 'other duties as assigned.' We were all glad to be involved.

The CEOP Celebration was exciting. We congratulate all those that worked to complete all the STEM requirements.

The First Timers session was hosted by the Past Presidents. All of us were happy to meet, greet, and welcome this excited group of 33 "First Timers" attending the conference. We look forward to seeing them all next year.

As usual, we held our annual meeting. The meeting serves a dual role, one of normal affiliate business and one to catch-up with each other, on a personal level. Officers for 2015-2016: Wendy Klentzman, President; Sue Hand, Vice President; and Pat Crawford,

Secretary/Treasurer. Additionally, a retreat is planned for October, 2015. We will be taking a five-day cruise, sailing from Galveston. Ten members have finalized plans for this trip. Hopefully, we will have one or two more join the adventure.

(NOTE: The TESA Connection Cookbook was created and edited by Pat Crawford, TESA Past President, 2013-2014)



First Row, L to R: Barbara Jennings, Jana Worthington, Linda Sockwell, Irma Ford, Peggy Hudson, Debbie Wade, Marilyn James

Second Row: Patti Walling, Pat Crawford, Sue Hand, Wendy Klentzman, Gerald Wharton, MaryAnn Hollingsworth, Phyllis Hyden

Mesquite Educational Paraprofessional Association (MEPA)

By Darla Hernandez, 2014-2016 MEPA President



At MEPA – We have Team Spirit!

What a fantastic year it was for MEPA! With great team spirit, we made a difference in the professional lives of our members throughout the Mesquite Independent School District where our vision is always...“Quest for Excellence!”

But it was also a bittersweet year as our Mesquite Independent School District (MISD) Superintendent, Dr. Linda Henrie, announced that 2014-2015 would be her final year with MISD – retiring after over 40 years of service. We will miss Dr. Henrie, but wish her all the best as she begins a new journey traveling and spending

more time with her family.

The June 2015 TESA Summer Work Conference (SWC) in Austin, Texas, brought us together once again. But this time, it was also to support one of our own, Dianne Lemons, as she was installed as TESA President 2015-2016. We are very excited and proud of Dianne – and we are confident that she will have a positive impact on TESA.

The new 2015-2016 MEPA Board recently met to plan for the new school year. We are preparing for some new and exciting changes to meet our goals and objectives. We want to motivate our paraprofession-

als and others to professionally grow and make MEPA a strong and vital affiliation within TESA. MEPA stands proud with all the affiliates and associations!

For those who travel to Mesquite for our MEPA Holiday Bazaar – hold the date: Saturday, December 12, 2015!! It will be held at Poteet High School from 9 am-5 pm. Among the many highlights, we feature more than 100 vendors! Plus, MEPA showcases a “theme basket” raffle-drawing (similar to the basket raffle held at TESA’s SWC). The Holiday Bazaar is an annual fundraiser for scholarship money for our high school seniors and paraprofessionals who choose to continue their education. So spread the word, this is an event that attracts thousands of shoppers, and vendors have been trying to get their space since the day after last year’s Bazaar. You don’t want to miss it!

We are looking forward to seeing everyone at upcoming Area Workshops and the TESA Summer Work Conference next June.

“You can do anything, but not everything.”

- Anonymous



TESA would like to extend a special thank you to all you affiliated with TESA during the 2014 – 2015 school year.

It is time to renew your affiliation for the 2015-2016 school year. Renewal form may be found on the TESA website.

- Birdville Educational Support Staff Association
- Channelview Educational Support Staff Association
- El Campo Clerical Paraprofessional Association
- Galena Park Educational Paraprofessionals Association
- Garland Educational Support Staff Association
- Harlingen Educational Support Association
- Irving Association of Educational Office Professionals
- Lamar Consolidated Educational Secretaries Association
- Mesquite Educational Paraprofessional Association
- North East Educational Support Personnel Association
- Odessa Association for Educational Personnel
- Pasadena Association of Educational Office Personnel
- Richardson Educational Support Staff Association
- Rio Grande Valley Educational Support Staff Association
- San Jacinto College Association of Educational Office Personnel
- Spring Branch Educational Support Association
- TESA Past Presidents Association
- Texas Retired Educational Secretaries Association
- Tomball Educational Support Staff Association
- University of Houston-Clear Lake Educational Support Staff Association
- Weatherford Educational Support Association

For more information on renewing for next year, contact Donna Cubstead, Affiliates Chairman at donna.cubstead@sjcd.edu.

NAEOP Membership

National Association of Educational Office Professionals Membership Form

Membership Application Continuous Membership (12 full months)

Membership Type:

- ☐ Active - \$50 New Membership
☐ Active- \$50 Renewal Membership- Membership Number: _____
☐ Retired - \$30 ☐ Associate - \$50 ☐ Institutional -\$85 ☐ Corporate - \$60
☐ Yes, I wish to receive email renewal notices ☐ No, I do not wish to receive email renewal notices

Magazine Only Subscription:

- ☐ Magazine Annual Subscription - \$30 ☐ Magazine Annual Subscription (Retired Member) - \$15

- All fees must be paid in US Dollars.
- Outside of US special postage and handling charges apply. Please add an additional \$15.
- Active membership fees include 3 online issues of the association magazine and 1 issue (Winter issue) in print. If you wish to receive all 4 issues in print, you will need to request an annual magazine subscription in addition to your annual membership.
- Dues are not deductible as a charitable contribution for income tax purposes.

Membership Information:

- ☐ Elementary ☐ Middle School/Junior High ☐ Secondary/High School
☐ Higher Education ☐ State Department ☐ Administrative
☐ Career & Technical Education ☐ Retired ☐ Other (please name): _____

Name:			
Home Address:	City:	State:	Zip:
Home Phone:	Office Phone:	Ext.:	
Fax:	Email:		
Office Building:	Position:		
Office Address:			
City:	State:	Zip:	

For Informational Purposes Only:

Age group:	<input type="checkbox"/> 20-30	<input type="checkbox"/> 31-40	<input type="checkbox"/> 41-50	<input type="checkbox"/> 50-60	<input type="checkbox"/> 60+	<input type="checkbox"/> Prefer not to answer
Recruited by (Name):						
How did you hear about NAEOP? <input type="checkbox"/> Colleague <input type="checkbox"/> Sponsor/Vendor <input type="checkbox"/> Employer/Administrator <input type="checkbox"/> Website <input type="checkbox"/> NES Connector <input type="checkbox"/> NAEOP Event						
I would like to receive information on NAEOP Sampling Programs: <input type="checkbox"/> Yes <input type="checkbox"/> No						

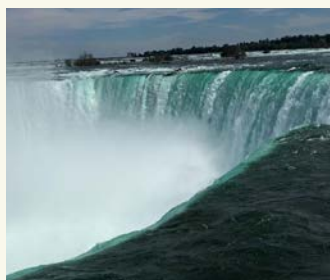
Payment:

Method of Payment:		<input type="checkbox"/> Check
<input type="checkbox"/> *MasterCard <input type="checkbox"/> *Visa <input type="checkbox"/> *Discover <input type="checkbox"/> *American Express (*\$5.00 convenience fee applies)		
Cardholder's Name:		
Card Number:	Expiration Date:	
Signature:	Security Code:	

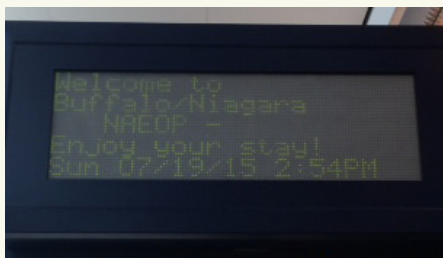
Mail or Fax completed form to:
NAEOP Attn: Membership
PO Box 12619
Wichita, KS 67277-2619
Fax: 316-942-7100



TESA Members doing some site seeing before the Conference begins.



Conference attendees from across the US at the flag ceremony.



Above Middle: Darcy Blackstock giving Moment of Inspiration at the PSP Banquet.

Above: Darcy Blackstock at the Foundation Board Meeting

Left: Debbie McFadden carrying the Texas Flag accompanied by Past TESA and NAEOP Presidents Marilyn James and Linda Sockwell



Debbie McFadden receiving the 1st Place Award for the TESA Connection.



President Debbie McFadden "pinning" incoming President Dianne Lemons with other TESA members who were present at the NAEOP Conference



San Jacinto College - 1st Place Newsletter Local Category "The Notepad" for the TESA Connection.



Debbie McFadden receiving the 1st Place Award for the Website



Jana Worthington with the Awesome Green team with the lizard.



Above: Marilyn James winner of the State Basket from Vermont

Above Left: Cynthia Obregon, TESA member, carrying the Rhode Island State flag at the Flag Ceremony.



Left: Marilyn James being recognized for her 18 years of service on the NAEOP Foundation Board

Right: TESA President, Debbie McFadden, retiring the Texas flag at the Closing Ceremony





Sue Hand, 2015-2016 Administrative Council Chair; Debbie McFadden, 2015-2016 South Central Area Director



Debbie McFadden on right being recognized at the Installation Banquet



Marilyn James giving the Moment of Inspiration at the Installation Banquet



Dianne Lemons and Patti Walling singing in the NAEOP Choir



TESA Members at NAEOP State Day



Dianne Lemons at Luncheon





Congratulations!



The Mesquite Educational Paraprofessional Association (MEPA) is proud to announce the new TESA President for 2015-2016 is our very own



Dianne Lemons

Dianne and her board were installed at this year's 2015 TESA Summer Work Conference on Friday, June 19, 2015 at the Omni Southpark Hotel in Austin.

