



TESA 2025 Summer Work Conference
Drury Inn & Suites San Antonio North Stone Oak



June 24 – 26, 2025

TPEP CLASSES

TUESDAY, JUNE 24, 2025	8:30 AM – 4:00 PM
<p>501 “PERSONALITY PROFILE” <i>Juliana Holmes, CEOP, TESA Past President 2022-2023, Retired from Garland ISD</i> Participants will complete a Personal Profile. Communication styles are analyzed and skills are developed for better communication.</p>	
<p>502 “INTERPERSONAL COMMUNICATION” <i>Debbie Wade, CEOP, TESA Past President 2001-2002, Retired from San Jacinto College</i> Participants are taught an awareness of the listening process as well as identification and utilization of appropriate levels of response to the messages of others.</p>	
WEDNESDAY, JUNE 25, 2025	1:30 PM – 4:30 PM
<p>503 “PROFESSIONAL IMAGE” <i>Barbara Jennings, CEOP, TESA Past President 2006-2007, Retired from San Jacinto College.</i> Creating and maintaining a professional image is discussed. The workshop includes public relations, time management, attitude, communication, and dress.</p>	
<p>504 “PROFESSIONAL GROWTH PLAN” <i>Debbie Wade, CEOP, TESA Past President 2001-2002, Retired from San Jacinto College</i> Participants discuss the goal-setting process and develop personal plans of action for specific goals.</p>	
THURSDAY, JUNE 26, 2025	8:00 AM – 11:00 AM
<p>505 “ASSERTIVENESS TRAINING” <i>Juliana Holmes, CEOP, TESA Past President 2023-2024, Retired from Garland ISD</i> Establishes the difference between assertive and aggressive behaviors. By discussion and role-play, participants are taught to use their abilities and self-image to protect their rights and the rights of others in a positive manner.</p>	
<p>506 “STRESS MANAGEMENT” <i>Alicia Lopez, CEOP, TESA President Elect 2024-2025, Garland ISD</i> Reviews causes of stress in daily life and discuss methods for adjusting attitudes and/or environment for a less stressful life.</p>	