



TESA 2018 Summer Work Conference
Omni South Park Austin, TX
June 20-23, 2018
Extended & Breakout Sessions

WEDNESDAY, JUNE 20, 2018		1:00 PM – 4:00 PM
Extended Session		
101	“BECOME AN EXCEL GENIUS” Bruce Ellis, Sr. Director Professional Development, Texas Computer Education Association, TCEA	
Join us to learn some great features and functions of Excel from basic to advanced – that will make you look like a genius when you return to work and start using them. <i>BRING YOUR OWN LAPTOP</i>		
WEDNESDAY, JUNE 20, 2018		1:00 PM – 2:30 PM
Breakout Sessions		
102	“CREATING A WEIGHT LOSS MINDSET” Monica Hand, Weight Loss Coach	
Do your bad eating habits derail your weight loss goals? Do you struggle with emotional or stress eating? Join us for an interactive session on a new approach to weight loss. Monica will discuss the mental shifts she made to lose 80 pounds and keep off the weight. Make these shifts and take control of your health! It will improve both your personal and professional life.		
103	“IT IS REALLY ALL ABOUT CUSTOMER SERVICE” Dr. Denise Monzingo, Superintendent, Rockdale ISD	
In education, strong customer service helps in communicating with not only parents and students but other staff members. During this presentation, we will discuss and demonstrate 10 soft skills for better customer service.		
104	“DON’T LET #METOO HAPPEN TO YOU...” Dr. Kathleen Bowen, Executive Director Human Resources, Lamar CISD	
Workplace sexual harassment. What to know, how to prevent it and what to do if it happens.		
WEDNESDAY, JUNE 20, 2018		2:45 PM – 4:15 PM
Breakout Sessions		
105	“CREATING A WEIGHT LOSS MINDSET” Monica Hand, Weight Loss Coach	
Do your bad eating habits derail your weight loss goals? Do you struggle with emotional or stress eating? Join us for an interactive session on a new approach to weight loss. Monica will discuss the mental shifts she made to lose 80 pounds and keep off the weight. Make these shifts and take control of your health! It will improve both your personal and professional life <i>Repeat of session 102</i>		
106	“IT IS REALLY ALL ABOUT CUSTOMER SERVICE” Dr. Denise Monzingo, Superintendent, Rockdale ISD	
In education, strong customer service helps in communicating with not only parents and students but other staff members. During this presentation, we will discuss and demonstrate 10 soft skills for better customer service. <i>Repeat of session 103</i>		
107	“DON’T LET #METOO HAPPEN TO YOU...” Dr. Kathleen Bowen, Executive Director Human Resources, Lamar CISD	
Workplace sexual harassment. What to know, how to prevent it and what to do if it happens. <i>Repeat of session 104</i>		

108	“AQUA ZUMBA” Irma Ford, Comal ISD Retired, TESA Past President Water-based workout that blends high-energy Zumba moves with low-impact aqua fitness.
THURSDAY, JUNE 21, 2018 7:00 AM – 7:50 AM	
Breakout Sessions	
201	“FIRST TIMERS SESSION” TESA Past Presidents If this is your first TESA Summer Work Conference, you are in for a special treat! This session is designed just for you as a <i>First Timer</i> . Bring your questions, and be prepared to learn more about all the aspects of TESA. We welcome the opportunity to meet you, sharing what we know, and hopefully learning from you as well.
THURSDAY, JUNE 21, 2018 8:00 AM – 9:30 AM	
Breakout Sessions	
202	“WHAT YOUR HANDWRITING SAYS ABOUT YOU” Shirley Haswell, Retired This session looks at our handwriting and the messages that we may be sending.
203	“GETTING STARTED WITH OFFICE 365” Erica Alvarado, Lamar CISD This course will be an introduction to all that Office 365 has to offer. BRING YOUR OWN LAPTOP
204	“WHAT’S COOKING IN THE TESA AFFILIATES” Juliana Holmes, Garland ISD; Kendra Ramirez, Lamar CISD; Ofelia Barron, Donna ISD; Patty Garcia, Weslaco ISD; Yvonne Smeltzer, Mesquite ISD Would you like to know the perfect recipe for how to engage your associational members, and get the most out of your volunteers? Does your membership need a bit of a boost? You will definitely want to make time to chat with this group of TESA members who have tried and true ingredients to help your local association. YOU bring the questions...they are waiting to share their secrets.
205	“TIPS & TRICKS TO GET THE MOST OUT OF WORD” Bruce Ellis, Sr. Director Professional Development, Texas Computer Education Association, TCEA Join us to learn great tips and tricks that will help you become even more productive and efficient when using Word. BRING YOUR OWN LAPTOP
THURSDAY, JUNE 21, 2018 1:30 PM – 4:30 PM	
Extended Session	
206	“GETTING MORE FROM GOOGLE DRIVE, DOCS, SHEETS, AND SLIDES” Bruce Ellis, Sr. Director Professional Development, Texas Computer Education Association, TCEA Join us to get in on the best-kept secrets of Google tools. You will learn about great features and additional resources that will have your peers thinking you used to work at Google! BRING YOUR OWN LAPTOP
THURSDAY, JUNE 21, 2018 1:30 PM – 3:00 PM	
Breakout Sessions	
207	“CRUCIAL CONVERSATIONS” Mario Acosta, Consultant, Texas Education Agency The presentation will center around the book from the same name and how tools can be used in an important conversation to make the environment safe to talk about almost anything.

208	“MY SUPER HERO IS BETTER THAN YOURS”	J. J. Macias, Senior Training & Development Consultant, Texas A&M University	Just as each of us have our own ideas of what makes a superhero, we bring other preconceived ideas with us to work. Join us in our heroic journey to learn about the generations in our workforce, some of their values, work themes, and what strategies can be used to turn a segmented group of superheroes into a team of superheroes.
209	“CARING FOR YOURSELF AND OTHERS: MENTAL HEALTH AWARENESS”	Annie Ferrera, LPC Supervisor, Concordia University Texas	Recognizing signs of declining emotional and mental health in yourself and others. Self-care strategies to maintain a positive mental and emotional strength.
THURSDAY, JUNE 21, 2018		3:15 PM – 4:45 PM	
Breakout Sessions			
210	“CRUCIAL CONVERSATIONS”	Mario Acosta, Consultant, Texas Education Agency	The presentation will center around the book from the same name and how tools can be used in an important conversation to make the environment safe to talk about almost anything.
<i>Repeat of session 207</i>			
211	“MY SUPER HERO IS BETTER THAN YOURS”	J. J. Macias, Senior Training & Development Consultant, Texas A&M University	Just as each of us have our own ideas of what makes a superhero, we bring other preconceived ideas with us to work. Join us in our heroic journey to learn about the generations in our workforce, some of their values, work themes, and what strategies can be used to turn a segmented group of superheroes into a team of superheroes.
<i>Repeat of session 208</i>			
212	“CARING FOR YOURSELF AND OTHERS: MENTAL HEALTH AWARENESS”	Annie Ferrera, LPC Supervisor, Concordia University Texas	Recognizing signs of declining emotional and mental health in yourself and others. Self-care strategies to maintain a positive mental and emotional strength.
<i>Repeat of session 209</i>			
213	“AQUA ZUMBA”	Irma Ford, Comal ISD, TESA Past President	Water-based workout that blends high-energy Zumba moves with low-impact aqua fitness.
FRIDAY, JUNE 22, 2018		8:00 AM – 9:30 AM	
Breakout Sessions			
301	“TESA 101”	Panel: Dianne Lemons, Debbie Wade, Patti Walling, Gerald Wharton and Lisa Gonzalez	Are you looking to become more involved with TESA? Are there things about TESA you would like to know more about? Gather up all your questions and come on down. A panel of TESA experts will be waiting with your answers. This session is sure to be an interactive time of getting to know more about the professional organization you belong to.
302	“WHAT YOUR HANDWRITING SAYS ABOUT YOU”	Shirley Haswell, Retired	This session looks at our handwriting and the messages that we may be sending.

303 **“TIPS & TRICKS TO GET THE MOST OUT OF EXCEL”**
Bruce Ellis, Sr. Director Professional Development, Texas Computer Education Association,
TCEA

Don't have three hours to learn about Excel? Then join us for this condensed version to learn great tips and tricks that will help you become more productive and efficient when using Excel.

BRING YOUR OWN LAPTOP

304 **“INTRO TO PREZI”**
Maria Campos, Spring Branch ISD

Participants will learn how to define and /or develop self-esteem, its value or its loss, and to answer 'Is it a state of mind or of the heart?'

FRIDAY, JUNE 22, 2018

1:00 PM - 4:00 PM

Extended Sessions

307 **“BECOME A POWERPOINT GENIUS”**
Bruce Ellis, Sr. Director Professional Development, Texas Computer Education Association,
TCEA

Join us to learn about great features of PowerPoint that will make your presentations stand out. We'll also share some secret resources to liven up your presentations. You'll leave with great ideas and great resources to use when you return to work!

BRING YOUR OWN LAPTOP

308 **“HOW TO BUILD YOUR OWN “WOW!”**
Debbie Wade, San Jacinto College, Retired, TESA Past President

Each person has unique and sometimes hidden qualities, talents, characteristics, skills and abilities that combine to make “WOW” factors for that person. These “WOW” factors are used in every aspect of our lives. We will focus on building our own “WOW” which will help us become better employees and put more excitement into our work lives. Be prepared to build and have fun!

FRIDAY, JUNE 22, 2018

1:00 PM - 2:30 PM

Breakout Sessions

309 **“C.R.A.S.E. – CIVILIAN RESPONSE TO ACTIVE SHOOTER EVENTS!”**
Sgt. Lance Cox, Austin ISD Police

C.R.A.S.E. stands for Civilian Response to Active Shooter Events and is a presentation being put on by law enforcement officers in an attempt to teach civilians how to act during an active shooter event in an effort to help them survive. C.R.A.S.E. is designed around the ADD (Avoid-Deny-Defend) strategy and provides strategies and guidance for surviving an active shooter event. Topics discussed will include the history and prevalence of active shooter events, civilian response options medical issues and considerations for conducting drills. This class is designed for, geared toward the general public, and is related to everyday situations, no prior experience or training is necessary to attend.

310 **“Women's Self-Defense”**
Chris Davis, Owner & Head Instructor, Premier Martial Arts

Women need to make self-protection a greater priority. Every two minutes a woman in America is raped and one out of four women will be the victim of a violent crime. Having the delusion that it cannot happen to you or that it is something that only happens to other people is the kind of attitude predators depend on. The more informed you are, the better prepared you will be in the event you are targeted by a predator. By empowering yourself with knowledge, your fear will not escalate, it will diminish.

311 “EDUCATION HAS CHANGED...SO HAS OFFICE DEPOT”

Debbie Fitzhugh, Office Depot, Business Development Manager

Office Depot’s Committed to Learning Initiative is to meet the ever-changing needs of students today and drive success in and out of the classroom. Come experience Office Depot as an educational resource.

FRIDAY, JUNE 22, 2018

2:45 PM – 4:15 PM

Breakout Sessions

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Repeat of session 309

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Repeat of session 311